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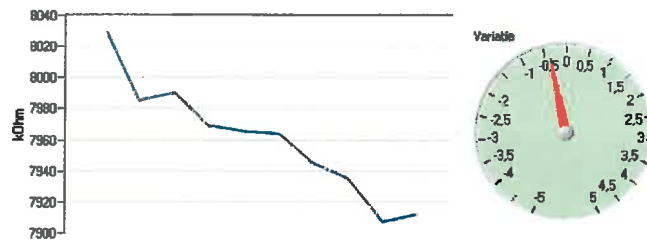
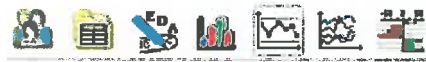


# i-HEALTH<sup>®</sup> Manual

## EMT-Module

### Software V6.





## Introduction:

The 'i-HEALTH ® EMT module' has been developed for rapid medication-testing. It is also very well suited to test our raymedies.

Already for more than 50 years the principle of electronic medication testing while using the indicator drop as main criterium is well established among electro-acupuncturists and has been their most important diagnostic tool. However, several aspects of the old EAV-ways were in need of improvement before it could meet our standards for

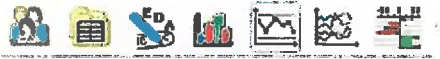
- ease of training,
- accuracy,
- objectivity,
- comfort (reduction of the level of pain of the traditional eav- measurement),
- minimal influence of the test-signal (reduction of the influence the measurement's pressure and test-pulse have on the meridian-network and cell-physiology of the acupuncture-points).

The standard EDA-procedure of i-health is a very accurate test but not very quick. Especially for routine cases a quick medication-test is important for the day to day routine. The advantages of the standard EDA-procedure are its accuracy and that the overview of all the 24 meridians gives very clear indicators of the kind of problem, i.e. indicators for what to test. However for many routine situations a more rapid procedure is fulfilling a long felt need.

It is also possible to test i-health-raymedies with the same quick procedure. When you use EMT for your routine cases you will be much more efficient, because for routine cases you do not need the thermographic scan any more.

## What is new in EMT ?

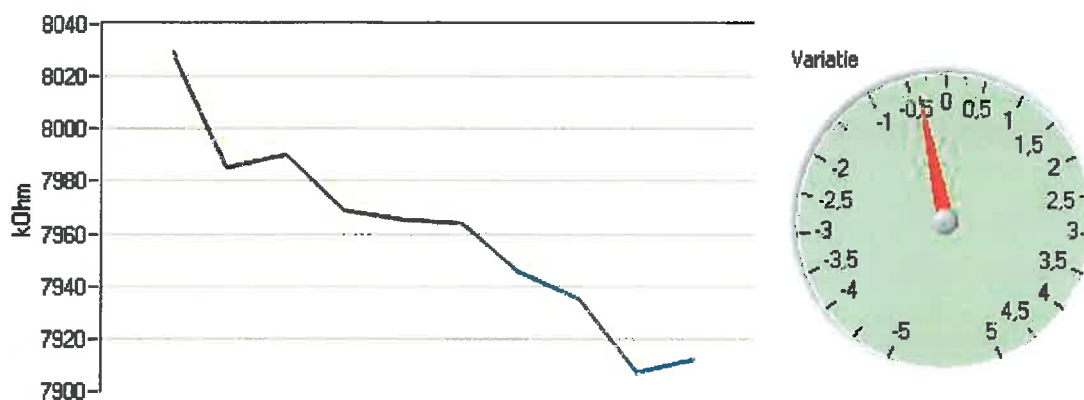
- Limited number of points: The test is routinely carried out at only 6 acupuncture points at the right hand;
- Elimination of a basic weak point of traditional EAV: The spring-loaded probe ascertains that the pressure at the acupuncture point remains constant during the measurement. The operator cannot ( and does not need to) manipulate the pressure and thus a very weak point of the traditional EAV-measurement has now been eliminated;



- Automated evaluation of stability (= limited indicator drop): It is shown whether the meridian is capable of maintaining its level of energy well enough or if it is varying too much during the measurement;
- Graphic display: the patient can see and easily understand the procedure and if helpful substances are being found.

### Accurate, fast, causing only minimal electrical or mechanical stress

During the three seconds of each measurement, more than 150.000 samples are taken from the return-current ( approx.  $1\mu\text{Amp.}$ ), after which the variation of electrical resistance during the time of measurement (impedance) is shown in  $\text{k}\Omega$ .



The combination of slight electrical and hardly noticeable mechanical strain creates very accurate and highly reproducible test results. All test results can be saved. Testing with EMT turns out to be at least as fast, or even faster, as with the classic EAV systems. The EMT procedure can be learned fast and easily, because no special skills are needed, and the accuracy and reliability of the measurements are not influenced by the testing person. However, proper knowledge of the test substances is required.

So all EMT-measurements can be delegated, provided that the test protocols concerning the test substances have been made very clear ( these routines can be pre-programmed in the software).

The test-procedure improves the communication with the patient because patients rapidly understand the procedure and they can see at the screen which substance or raymedie stabilizes their system.

The i-Health Raymedies ( i-HEALTH proprietary pulsating electromagnetic fields and coloured light sequences) can be tested with EMT as well, just like physical test substances. For complicated cases or cases with which you do not yet have experience, it is recommended to use thermographic scan for the identification of the raymedies.



## **i-HEALTH® Electronic Medication Test (EMT) :Summary of all the advantages:**

- Exact, painless, not manipulated measurements with electronic ID (Indicator Drop, similar to Z.A. - “Zeigerabfall” in Voll’s EAP)
- No individual adaption of mechanical pressure, thanks to the spring loaded probe
- Report of exact electrical skin resistance values in KΩ.
- Simple, fast to learn, to execute and delegate, reliable and reproducible.
- On account of the very slight electrical strain and steady, hardly noticeable mechanical strain, the measured points remain undisturbed, and therefore diagnostically reliable for repetitive testing.
- Easy and clear communication with the patient .
- Test protocols and measurement points can be generated, adapted and saved according to the practitioners own judgment.
- Raymedies from the i-Health raymedy Library can be tested quickly and easily.

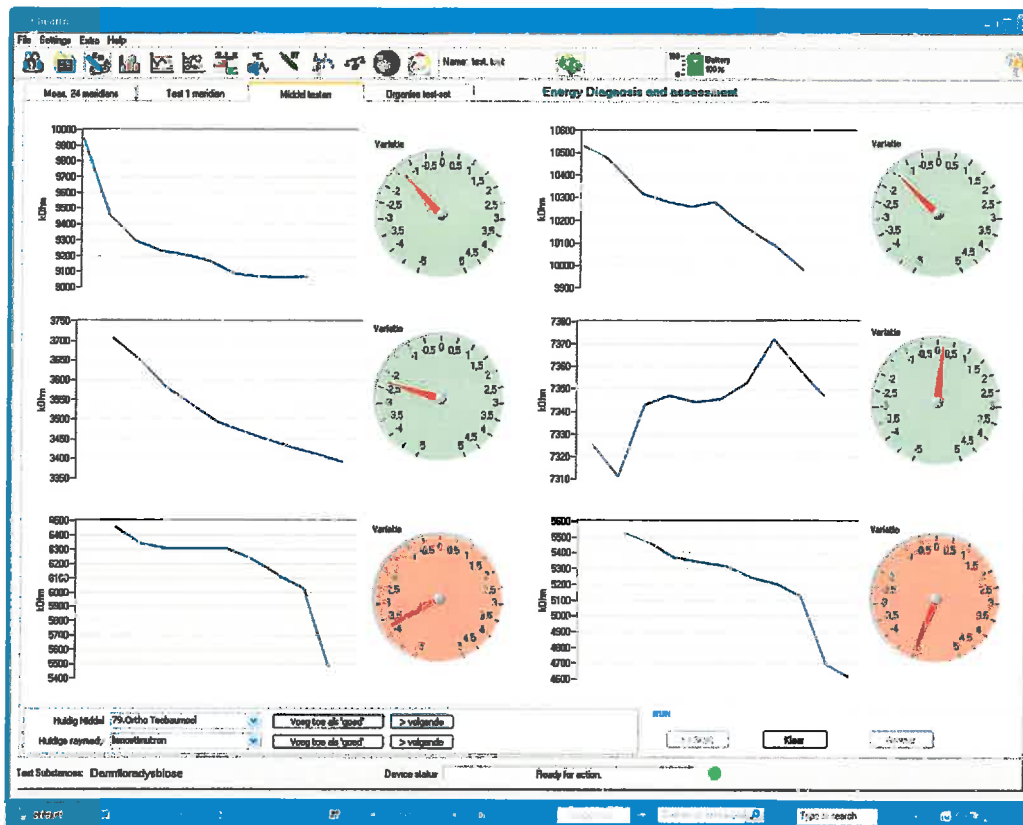


Fig.1.The EMT-screen

## Software:

The first i-Health software in which EMT is integrated is V6. V6 is compatible with Windows Vista and also ready for Windows 7 and 64-bit processors. V6 will be launched in January 2010.

EMT can be acquired as stand-alone module as well, together with very compact hardware.

## Hardware:

Chips in ITRONIC-devices with serial numbers < 226 need to be reprogrammed, but otherwise the hardware needs no additional changes. In order to be reprogrammed the device needs to be sent to the workshop. See the repair button at the website for registering your device. The cost for reprogramming is € 65,= excl VAT and the delivery costs.

## License

For every new software version, where the first figure changes, i.e. now from V5 to V6, a new license is necessary. We have decided in favor of a new software version because important changes were made in order to be compatible with Windows 7 and the newest version of LabView (= the name of the software in which i-health is programmed) was used to compile the software. The licensing-procedure remained the same. With the electronic-license, access to the various modules is managed, the algorithms for the raymedies are defined (also of a new one, dolotron 2, a great signal



for pain-relief), the period during which the license is valid and for which device the license is valid. Last but not least, the information about each raymedie is stored in this file and we frequently update this information.


### The standard\* EMT-procedure:

After the intake and a new consultation has been opened, EMT is accessible.

1. Before a measurement begins one selects a substance test-protocol or selects raymedies that you want to test. The first round of measurements is done without a substance or a signal. When a protocol has been chosen, the first test is always 'blank'. After the first step, suggestions for substances are given depending on which one of the pre-programmed protocols was selected.

For example: Test Substances: Neurodermitis

Here a protocol for Neurodermitis was chosen.

2. Press the start-button after which each of the 6 Ting points on the right hand is measured during 3 seconds. The measurement could not be simpler: during the measurement, the spring-loaded probe is placed and pressed at the measurement point until the program indicates that the measurement is finished, and then the following point is measured in the same way (results can even be improved by marking the points of measurement).
3. During the measurement, the ID (Indicator Drop, similar to the EAV- "ZA- Zeigerabfall") is visible and audible \*\*. The dial turns green when the indicator remains within the prescribed limits of 3 % and the dial will turn red when the Indicator Drop exceeds these limits. An Indicator Drop exceeding 3% indicates that the related system is unstable. \*\* when switched on: 
4. TING points with an indicator drop that indicates instability ( here the scale turns red), will be retested while different medication ( or raymedies) or other substances are placed at the test-plate until stabilization has been reached. When a dial changes from red into green, the point has been stabilized by the test-substance or test-signal. One or more test substances should enable all six points to remain stable during the measurements.
5. Press the button 'add as good' and the effective substance or raymedie is memorized. Substances that do not have a stabilizing effect are not stored. At the end of the test, press the buttons 'ready' and 'save'. Now the effective substances or raymedies are stored in the field 'remarks' at the page 'patient-data'.

Experience has shown that when the end-result is only a very limited indicator drop at six Ting-points, the entire system is stable or has been stabilized. This means that the substances and/or signals that help to achieve this situation will be very effective as medication.

6. Thanks to the spring loaded probe, each measured point gets exactly the same and correct mechanical pressure, which means that all tested points will remain reliable during repetitive testing. Neither the pressure, nor the slight electric current (about 1µAmp.) will influence the measurement results. That's why it is not necessary to moisten the points, or to change the pressure of the probe.



7. More specific test procedures are available, by selecting other acupuncture points. Such protocols have been preprogrammed in EMT, but can also be altered according to one's own judgment and experience, and saved.

Each kind of substance can be tested in this way: vitamins, enzymes, homeopathic remedies, medication, nutritives, but nosodes as well. EMT is also suited to test the i-Health raymedies.

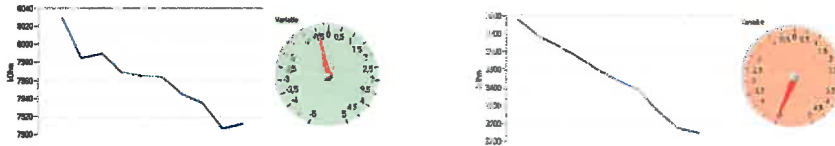
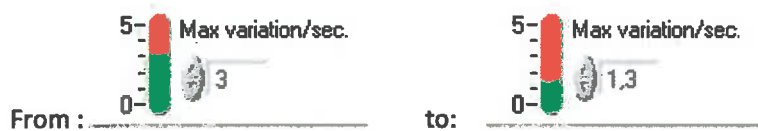


fig.1. Example of a stabile point (left) and an unstable point (right).


8. Quiet often it is necessary to fine tune while looking for the best medication and to change the 'max variation/sec' setting from 2 or 3 to a smaller percentage. When all the 6 dials turn green after the first 6 points have been measured without medication or raymedie, one needs to narrow the setting of the maximal variation to 2 % or even narrower to 1,3% per second when you are fine tuning your choice of medication.

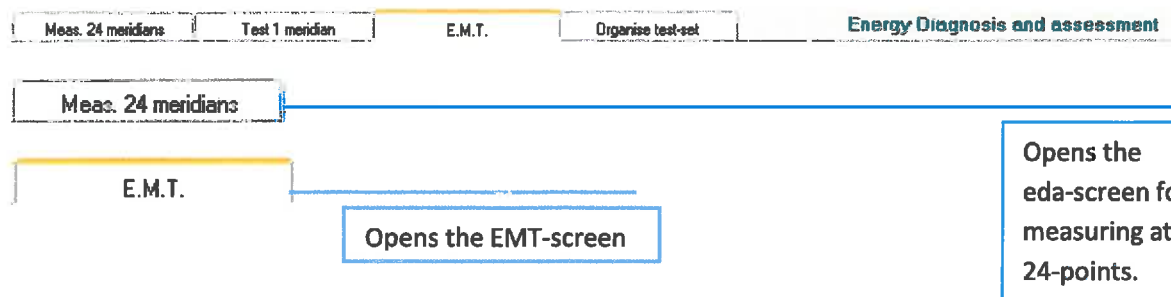


9. It is not always possible to find a combination of substances or raymedies with which all the points become stabilized during the first consultation. The ones that did help to achieve a partial improvement will also be helpful and can be prescribed or used for treatment. When the case is too complex or urgent or difficult: Do not worry but use the thermography !!

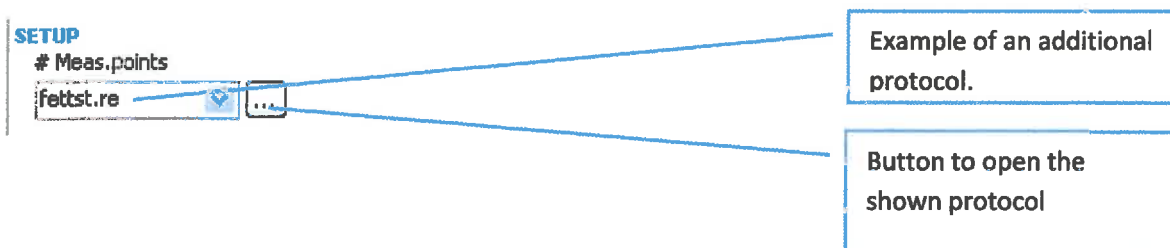
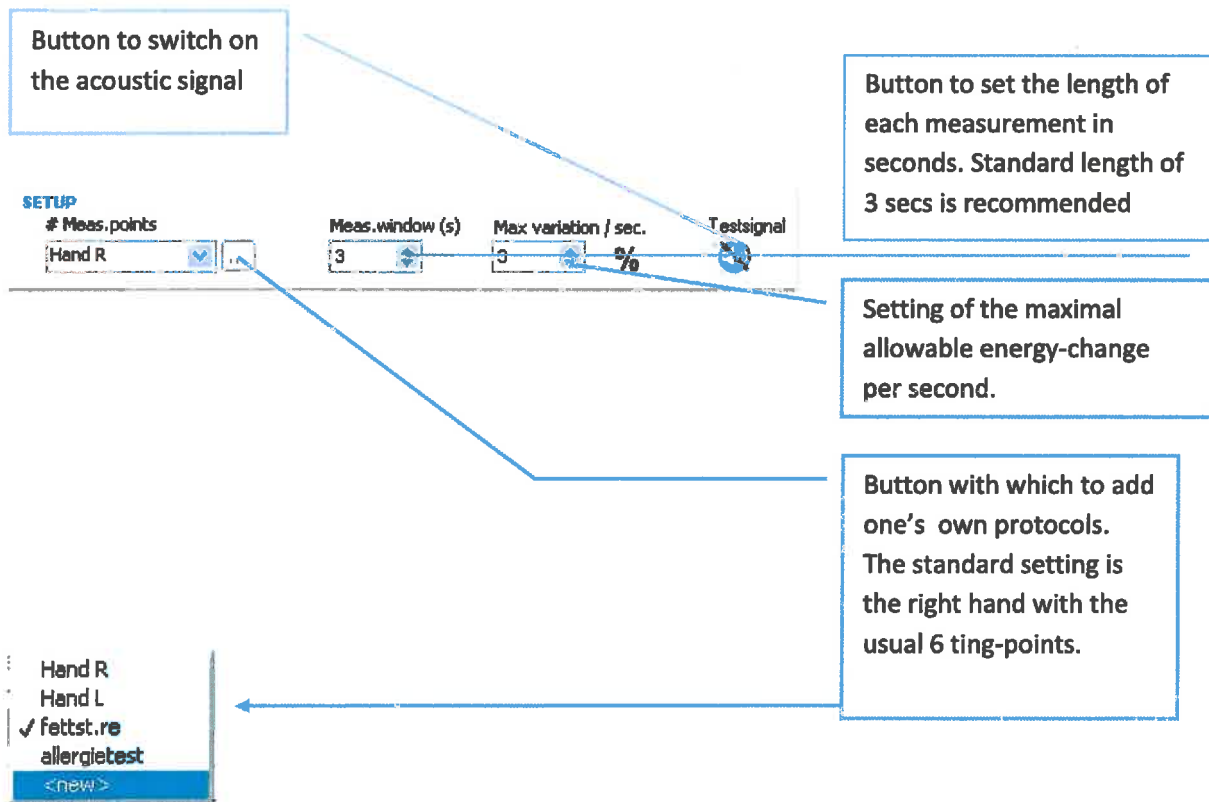
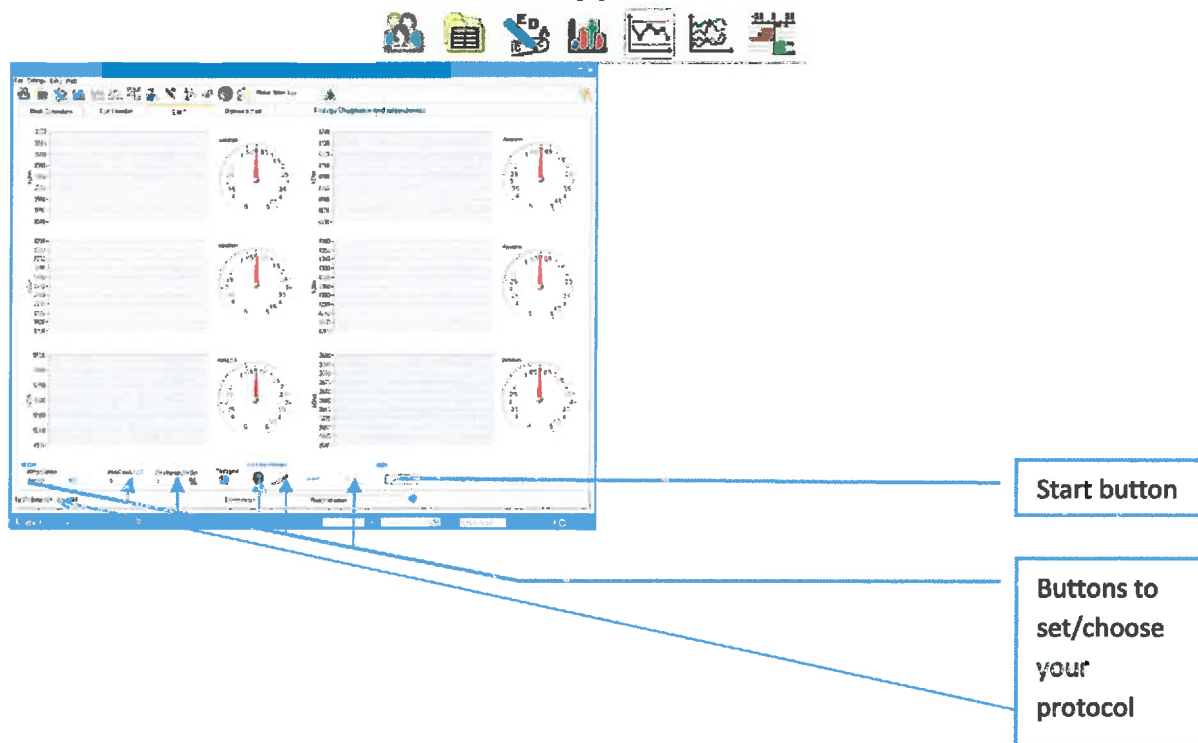


### To start and set-up the Electronic Medication Test: from button to button.

After the patient-data have been filled in, or the patient name has been selected and the intake has been een done , a new practice consultation is opened. Then you click at the eda-icon . Now you have access to all the options of the section 'energy diagnosis and assessment' and may choose to measure at the 24 Ting-points at the hand and feet for the regular meridian-diagnosis measurement (including the medication-test that is based on measuring at 24 points and then comparing the graphs), or you may select the faster E.M.T.-procedure for your 'routine' patients.



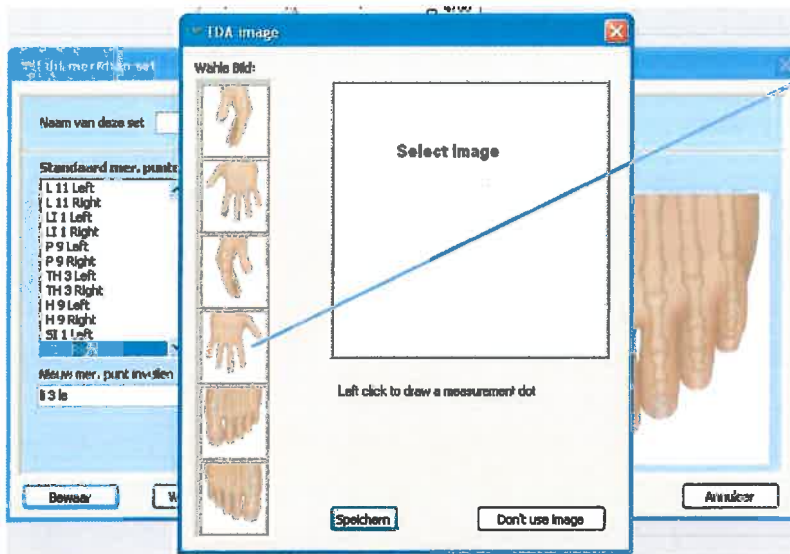




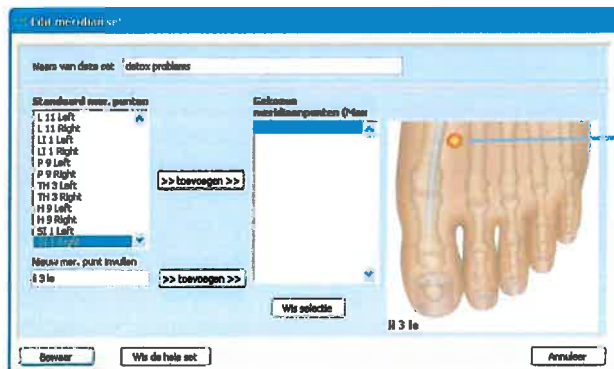




The opened protocol can be reviewed.



At each picture, points can be added, stored and changed.



Example of an added point, (Li3)



## TEST RAYMEDIES

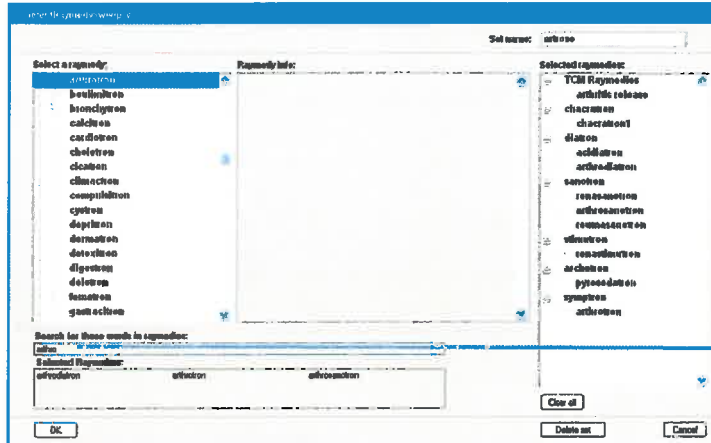


Beamer ( or even light-) signals can be selected to test which ones stabilize the patient

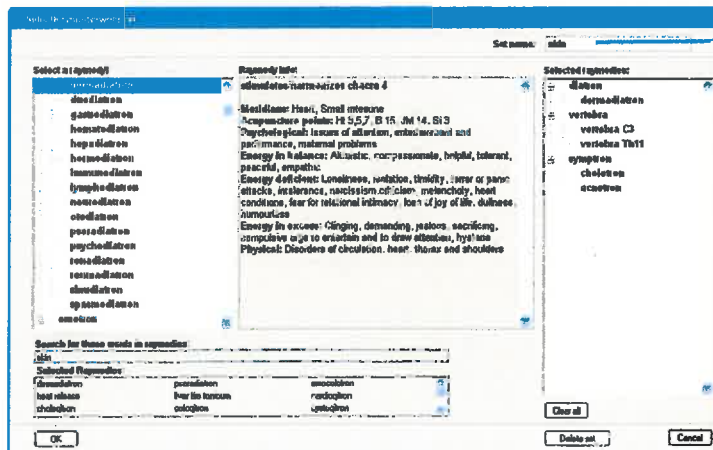
## TEST RAYMEDIES



Own raymedie test-protocols can be formulated and stored



Fill in a complaint and suitable raymedies appear below. You may then decide which ones to integrate



Another example of a test-protocol, in this case for a skin problem.



## Testing Substances with EMT.

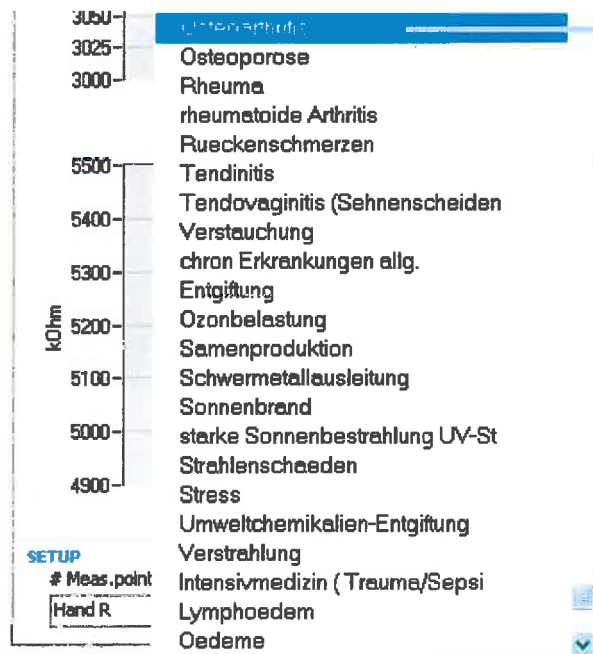


A test-plate is helpful when testing medication as long as it is away from interfering EM-fields. The i-HEALTH compact module comes with a test-plate. The substances are put on the plate and the plate is connected to the passive electrode at the patients left wrist.

We are advocates of testing the real-thing and less so of electronic substance-equivalents.

Place the substance on the test-plate and test the points that showed the red-dials. Those substances that cause a red dial change into a green one are the substances to prescribe. Often this is a combination of ortomolecular substances, homeopathic remedies, and medication.

When you have selected a test-substance protocol, the computer will give you suggestions which substance to test next. The names of the substances that test positive can be stored ( in the field remarks).



When one presses the button at the left bottom-line, pre-programmed protocols for testing substances appear.

The software just shows the substances one after the other, in this case those that are known to be helpful against Osteoarthritis.



## 24-point Medication test.

The 24-point Medication Test measures at the end- and starting points of the meridians.

This test is very well suited to test

- allergens,
- dental materials,
- medication,
- environmental stress.

The results are listed in a table. In this table, substances that give energy\* and that harmonize the meridian-network are shown in green. Substances that take energy and that cause the meridian-network to become unbalanced, are shown in lines that are marked red.

\*We all know the effects of resonance. When our body resonates with something in our environment, it performs its tasks more easily. We know this from walking, singing, breathing, etc. When we are 'in sync' the energies are adding energy to each other. In physics this phenomenon is named 'constructive resonance'. Constructive resonance occurs when the substance conveys energy to receptors in the body or to biochemical processes. It is especially beneficial when a substance conveys energy to a weak meridian. This literally strengthens the self-healing capacities of the body. The opposite is called 'destructive resonance'. Destructive resonance occurs for example, when the electro-magnetic radiation of a substance exerts an influence that slows down metabolic processes. This of course weakens the system.

Therefore:

- when testing medication we are looking for substances that energize (=constructive resonance).
- When testing dental substances, we are looking for the most neutral substances (= no resonance).
- When testing allergens we are looking for substances that disharmonize and take energy (= destructive resonance).



## META ANALYSIS OF TEST RESULTS

- The most harmonic test results or measurements are shown in a green background because of their effectiveness (they energize and harmonize the system).
- The disharmonious ones that are also an energetic burden are shown in a red background.

Mittel	Rang	Score	% Diskrepanz
RognYogiSimpFunar	1	293.7	-4
MedFotivagur	2	336.1	+4
Med-Kanup	3	539.4	-11
Med-Coleyur	4	584.0	-19
RognYogiSiroBorbD3	5	620.7	+20
RognYogralSiropal	6	654.8	-3
PeorD30	7	680.6	-39
Med-hmid	8	716.2	-15

## Test results: criterion 2 = Harmonizing result

- A positive acting remedy should have a harmonizing result as well. This is shown in "Score". The validation is: the lower the score, the better the result.
- Consequently, one chooses from a string of test remedies that particular remedy showing increasing energy with the lowest score (1)

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RognYogiSimpFunar	1	293.7	-4
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2

1

When positive testing remedies harmonize insufficiently, one may also choose a less energetic, but more harmonizing remedy that is also logical to prescribe(2), when the patients complaints and causes for illness are taken into consideration.



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Mittel	Rang	Score	% Diskrepanz
RognYogaSimpPunar	1	293,7	- 4
MedFetivayur	2	335,1	+ 4
Med+Karnap	3	539,4	- 11
Med+Unayur	4	584,0	- 19
RognYogaSimpPariD3	5	620,7	+ 20
RognYogaSimpPal	6	654,8	- 3
PsorD30	7	680,6	- 39
Med+lymid	8	716,2	- 15

2

1

When positive testing remedies harmonize insufficiently, one may also choose a less energetic, but more harmonizing remedy that is also logical to prescribe(2), when the patients complaints and causes for illness are taken into consideration.

### Testing Raymedies with EMT.

1. Select the raymedies that you want to test. Begin this selection by typing a complaint in the search-box. Try this with different aspects of the complaint.

Search for these words in raymedies:

Selected Raymedies:

dermadiatron	psoradiatron	metallo-sanotron
emocolotron	heat release	liver fire tonicum
cardioqitron	choleqitron	coloqitron

2. Give the selected raymedies a protocol-name so you are able to use this protocol more often
3. Let the patient hold the beamer in the left hand or place the beamer at the solar-plexus.
4. Press the start-button !
5. The first six points will be tested without the signal, so you will see the unstable points.
6. ( when all the dials turned green during the 'blanco'test, change the stability setting into '2%') and retest.
7. Second test-step: Test the first signal by retesting only the 'red' points, or more correctly the acupuncture points that tested instable during the blanco test.
8. When a signal causes a point to stabilize, press the button 'add as good'
9. Test the second signal only at the remaining 'red' points.
10. Test the third signal etc. etc. test ... etc. until all dials have become green.

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11. Press the button 'ready' and then save. The stabilizing medication or raymedies are stored in the field 'remarks at the page patient-data.
12. Energize globuli with the signal(s) that stabilized one or more points (not more than 3 signals/ vial), or treat the patient with these signals.
13. Print a label with the name of the patient and the raymedies and put this on the vial.