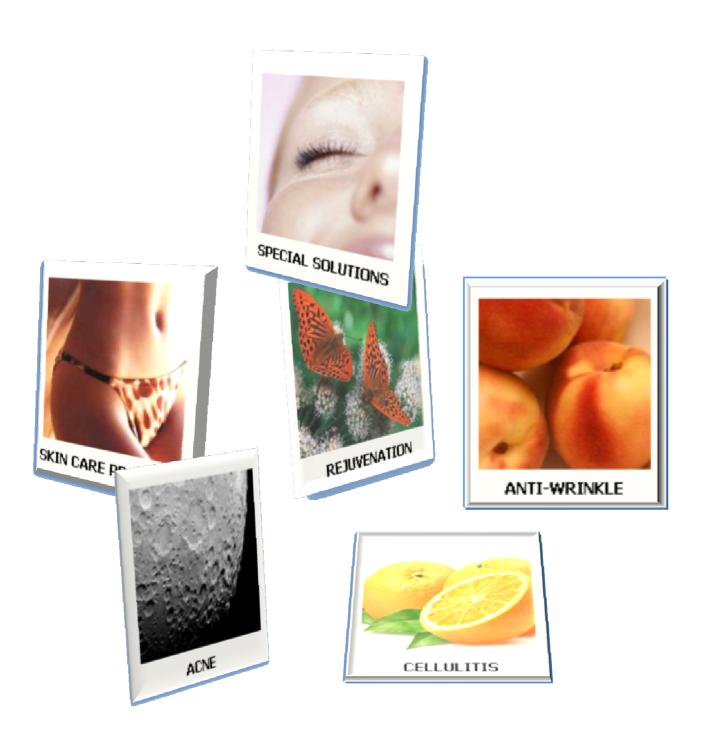
# HAND OUT I-HEALTH ENERGY SKIN CARE MODULE



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1. THE ENERGY SKIN CARE MODULE: SKIN REGENERATION BASED UPON EDA (ELECTRO DERMAL ASSESSMENT)

#### 1.1 INTERACTIVE AND INTEGRATED TREATMENT PROGRAMS

The i-Health equipment and software for electronic skin resistance measurements has been integrated with a device for modulated galvanisation, rhythmic vacuum massage, stimulation with colour sequences and electromagnetic regulation of dermatomes, reflex zones and acupuncture points.

All steps in the programs have been automized, but the indications showed by the programs are the direct result of the measurements. Comparison of the client's skin resistance graphs before, during and after the cosmetic intervention show the client's exact reaction to what is going on during the treatment. This approach ensures a very effective and up to date treatment result.

# 1.2 MERIDIANS AND ORGANS

The human body is an open system concerning the exchange of energy and information. The classic Chinese meridians are the communication channels for that energy and information. They are supposed to be the most ancient known regulation system within the organism. Its development starts in the embryologic stage with the formation of the blastomeres. Meridians are protein chains with super conductive properties, following these tissue structures. The electric resistance of these protein chains provides information about the organic condition, functions and regulating processes that have been related to these meridians. The itronic measurement current has a neglectible impact on the organs and the meridians.

MERIDIAN	ORGAN	EXAMPLES OF MERIDIAN-ORGAN- FUNCTION CORRELATIONS
Lung	Lung	Immune system, skin, gaseous exchange
Large intestine	Large intestine	Lymphatic system, elimination
Stomach	Stomach	pH regulation
Spleen-Pancreas	L . ' '	N. Vagus, Carbohydrate metabolism and pancreas
Heart	Heart and blood circulation	Emotional influences, cardiac blood supply
Small intestine	Small intestine	Enzymatic digestion
Bladder	Bladder	Urogenital system, sinuses, eyes, spine
Kidney	Kidney	Elimination of water soluble toxines, regulation of fluids
Circulation	Pericard and pineal gland	Blood pressure, arterial innervation, pericardium
Triple Heater	Pituitary gland	Endocrine system
Liver	Liver	Protein metabolism
Gallbladder	Gallbladder	Cholesterol and fat metabolism

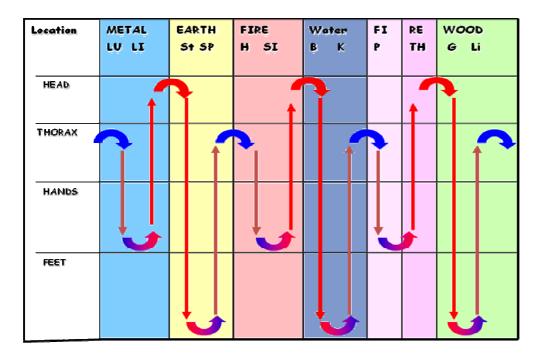


Fig. 2: Energy topography and polarity of the classic TCM meridian system. In the blink of an eye this picture shows the head area being totally Yang, the breast area being totally Yin, and the hands- and feet- area being energy polarity exchanging zones.

# 2. THE ENERGY SKIN CARE MODULE: SUMMARY OF TREATMENT OPTIONS

#### 2.1 COMPUTER GENERATED COSMETIC INTERVENTIONS

- Assessment of vegetative stress, acidity and toxic accumulation by performing EDA at the distal meridian points on hands and feet, as described in TCM.
- Improvement of the vegetative stress regulation, stress capacity, regulation capacity, resistance, circulation of blood and lymphe, detoxification, alkalisation and skin regeneration by means of electromagnetism, modulated galvanisation, vacuum massage technics and colour sequences.

The Energy Skin Care module is very versatile and flexible, providing a large range of treatment options.

This handout will explain:

- a. How the programs have been constructed
- b. Which regular TCM patterns have been applied
- c. How to find the similarities between the skin conditions of the client and the EDA energy profile
- d. How to make a logic and appropriate combination of the provided programs

In most cases, it is recommended to start with the Regeneration Programs I and II

#### 2.2 TREATMENT WITH THE I-LIGHT AND THE I-MATRIX

## 2.2.1 THE HARDWARE.

Specifically developed and integrated instruments for the Energy Skin Module are the i-LIGHT (a very powerful LED-colour beamer) and the i-MATRIX: a compact device with a built-in vacuum pump (i-VAC), a galvanic modulator (i-ON) and a magnetic field generator. The i-VAC provides digitally managed rhythmic vacuum cupping on skin condition related connective tissue zones and lymphatic zones; the modulated galvanisation from the i-ON will be applied to dermatomes with a dermaroller and electrode rods. The magnetic field frequencies are applied to the body with a red Beamer.

The i-LIGHT battery can be charged with the 5 Volts-battery charger from the electric mains. Once the Skin Program has been started and both devices have been connected to the laptop, the appropriate Raymedies will be downloaded to the i-LIGHT by means of the USB-antenna.

The i-MATRIX device gets its power supply from the electric mains as well. The modulated galvanic and magnetic field signals are downloaded automatically by means of an antenna stick at the back of the device.

# 2.2.2.THE SOFTWARE.

The proper choice, order and treatment duration of the treatment signals, called "Raymedies", used during the cosmetic interventions are automatically indicated as a result of the EDA measurements. Just follow the instructions on the computer screen. The Raymedies are available in colour sequences, in modulated galvanic signals and in magnetic field signals. The colour sequences are applied with the i-LIGHT, the modulated galvanic signals with the i-ON and the magnetic field signals with the Beamer.

The Energy Skin Care module contains several programs, due to the actual personal cosmetic issues.

For example: the Energy Skin Care Facial Revitalisation program could be chosen. Just the first treatment with this protocol often brings already visible results. Besides that, specific programs are available for treating cellulite, wrinkles, rejuvenation of face, neck and decolleté, and "special solutions" for contour-skin firming for breasts, arms, legs and buttocks, scars, striae, moles, (de)pigmentations, couperosis, acne, eczema, psoriasis and rosacea.

# 2.2.3 CONSTRUCTION OF THE PROGRAMS

All programs have similar construction and integrated technology and performance as both basic regeneration programs, but with a focus on specific problematic areas. In sessions between 60-90 minutes, the face, the spine, the belly, the breast and legs are treated in 4 subsequent steps, in a very pleasant, thorough and effective way:

- 1. Matrix regulation
- 2. Revitalisation/regeneration
- 3. Elimination
- 4. Consolidation

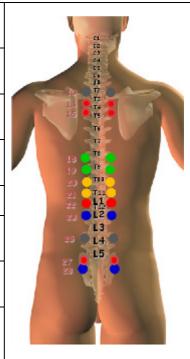
Especially this construction and integration of technology will take care of adeqate stimulation of fibroblasts and collagene, which is necessary for revitalisation and skin rejuvenation, together with alkalisation, detoxification and improved circulation, to maintain the visible results.

# 2.2.4 MATRIX REGULATION

In Regeneration Program I detoxification preparations are made in the connective tissues. This system is also called the Matrix, the BBRS (Basic Bio Regulation System) or Pischinger's Basic System.

The connective tissue system controls the maintenance of homeostase, which is the internal biologic balance by continuous adaptation to external changing circumstances. Homeostasis ensures the stability of vital functions like temperature, blood pressure, blood sugar level, immunity and pH. In many situations, the connective tissue system has been polluted. In order to promote detoxification and facilitate homeostasis, specific organic dermatomes will be treated in an integrated way. An important and effective access to these dermatomes are the so-called Back-Shu- or YÜ-points along the spine, on the inner branch of the Bladder meridian. The proper choice of those points is automatically made by the program, as a result of previous EDA measurements. The table below shows the correlations between the YÜ-points, organs, dermatomes and their localization. The several colours of the points in the picture are according the 5 elements: Metal (B13 and B25) silver gray, Wood (B18 and B19) green, Fire (B14,15,22 and 27) red, and Water (B23 and B28) blue.

NAME	ORGAN	ELEMENT	CONNECTIVE TISSUE ZONES	LOCATION
B13	Lungs	Metal	Lungs, bronchi, pleurae, breast	ICR 3
B14	Pericard	Fire	Gallbladder, stomach and spleen	ICR 4
B15	Heart	Fire	liver, stomach, solar plexus and blood	ICR 5
B18	Liver	Wood	adrenals	ICR 9
B19	Gallbladder	Wood	Kidneys, intestinal and vascular walls	ICR 10
B20	Spleen/pancreas	Earth	Kidneys, bladder, urethra, prostate	ICR 11
B21	Stomach	Earth	Small intestine, ovaria, lymphe circulation	Below 12 <sup>th</sup> rib
B22	Triple Heater	Fire	Colon, groins	Between L1 and L2
B23	Kidneys	Water	Appendix, lower belly, upper legs	Between L2 and L3
B25	Large Intestine	Metal	Prostate, lower legs, ankles, feet, toes	Between L4 and L5
B27	Small Intestine	Fire	Hips, pelvis, buttocks	Next to lower edge of S1
B28	Bladder	Water	Hips, pelvis, buttocks	Next to lower edge of S2



The Matrix-regulation will take place in 3 steps:

a. Frequency modulated phoresis with the *i-ON* -dermaroller brings a direct current in the body on zones and with frequencies, selected by the body itself as a result of previous EDA-measurements. Most of these problem-related dermatomes have been localized in the face, along the spine and in the abdominal areas. Treating these dermatomes will support circulation, detoxification, alkalisation, and "last but not least": remarkable strengthening, rejuvenation and improvement of facial skin and connective tissue elasticity by stimulation of natural manifacturing of fibroblasts.

- b. Thereafter, homeostasis will be supported powerfully by the *i-MATRIX*: rythmic, deep vacuum cupping will activate cellular metabolism, lymphatic and capillar circulation, will remove subdermal adhesions and lumps, and will regulate the autonome nervous system by vegetative feedback to and from the treated dermatomes.
- c. All problem-related spinal segments will be treated, from head to buttock area. Energetic constitution related essential oils will enhance the treatment result.
- d. Finally, the same selected dermal segments will be radiated with the *i-LIGHT*. This very powerful LED-colour beamer will create photomodulation of the mitochondria and DNA-synthesis, and photon transport by cells, skin-, connective tissue and muscles. Power supply of all these organisms will be re-established litterally. Flexibility, firmness and gloss of skin will, benefit from this in a visisble way. Besides stress regulation, the i-LIGHT treatment result is harmonizing, relaxing and revitalizing. Contra-indications are histories of convulsions and direct exposure to the eyes.

# 2.2.5 FACIAL REGENERATION/REVITALISATION: "THE GALVANIC FACELIFT".

Regeneration program II starts with the treatment of de cervical spine, subsequently with the i-ON, the i-VAC en the i-LIGHT. This treatment obliquely activates the facial dermatomes. The three preceding measurements are necessary to select the facial dermatomes corresponding to the weakest meridian, and to select the correlating frequency signals in order to perform a direct "galvanic facelift".

Improvement of alkalisation, detoxification, circulation and elasticity will now be executed on the problematic facial zones itselves, with the i-ON-dermaroller and the rod electrodes.

Thereafter, the whole face and neck will be massaged with the vacuum cups of the i-VAC. Lymphatic drainage and connective tissue massage is achieved by adjustable suction power and pulse frequency, together with energetic constitution related essential oils.

Finally, photonic distribution and stimulation of facial DNA synthesis will be activated by the i-LIGHT colour sequences that are corresponding to the weakest meridian.

# 2.2.6 ELIMINATION: CONNECTIVE TISSUE- AND LYMPH DRAINAGE OF ABDOMINAL AND THORACIC ZONES

Specific abdominal and thoracic elimination zones will be treated with the i-VAC cupping techniques as well, together with personalized complexes of essential oils. Preceding measurements are necessary to establish the proper directions of movement during these procedures.

 In case of energy-excess of the constitutional element, downward moving techniques will be dominating. - In case of energy depletion or normal energy of the constitutional element, upward moving techniques will be dominating.

# 2.2.7 CONSOLIDATION WITH MAGNETIC FIELD FREQUENCIES AND INFRARED

The last step in each treatment program enables the client to respond to all the effects of matrix regulation, facial revitalization and elimination in terms of post-vegetative regulation. A final EDA measurement will show the total treatment effect on the client so far. The program will calculate the most adequate magnetic filed signal to facilitate an optimal post-vegetative regulation.

That specific regulating signal will be applied with the red Beamer (the EM-transmitter) to the thoracic, abdominal or neck region. As a result, capillar and periphere circulation will be balanced, as well as cellular and neurotransmitter metabolism, creating a deep and very pleasant feeling of relaxation and tranquillity.

## 3. HOW TO MAKE THE PROPER PROGRAM CHOICES

# 3.1 WHEN TO APPLY WHICH PROGRAM?

In most cases, it is recommended to start with Regeneration Program I (General Detox), to continu with Regeneration Program II (Facial Revitalization) after one week.

Besides that, the Energetic Skin Care Module contains specific programs for Cellulite, Wrinkles, Rejuvenation, Acne, and "Special Solutions" for conditions like allergy, couperosis, eczema, scars, (de)pigmentation, psoriasis, and rosacea. All programs contain the same construction and integration of technology, taking care of the proper reactivation and free energy flow by removing acid, toxic, stagnated and accumulated energy. As a result, the body will react in terms of:

- Improved repairing skin capacity
- Enhanced cellular activity and -metabolism
- Stimulation of natural fibroblast manufacturing
- Improved moisturizing skin capacity
- Improved skin metabolism and circulation
- Improved skin surface (smoother, more elastic, more glossy)
- Improved connective tissue structure
- Fading of facial lines and deep wrinkles

Refinement of skin pores

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# **TABLE OF PROGRAM OPTIONS**

SKIN CONDITION	POSSIBLE CAUSE	WHICH PROGRAM?	
Dry and scaly skin	Insufficient management of fluids and waste	Regeneration program I and II Rejuvenation	
Tight and tearing skin	Lack of fluids and moisture	Regeneration program I and II Rejuvenation	
Blemishes and irritated skin	Lack of protection, enhanced pH, poor balance moisture and fat verhouding vocht en vet	Regeneration program I and II Rejuvenation	
Sallow skin	Poor circulation	Regeneration program I and II Rejuvenation	
Poor healing capacity	Decreased fibroblast activity	Regeneration program I and II Rejuvenation	
Wrinkles in general	Discongruence of cellular layers	Regeneration program I and II Anti-wrinkle	
Prominent nose-mouth wrinkle	Withered moisturing of cheeks, decreased elasticity	Regeneration program I and II Rejuvenation Anti- wrinkle	
Rings around the eyes	Decreased elimination of waste, decreased supply of oxygen and nutritives	Regeneration program I and II Rejuvenation	
Forehead wrinkles	Cracks and adhesions of connective tissue	Regeneration program I and II Rejuvenation Anti- wrinkle	
Frown wrinkles	Adhesions of skin layers	Regeneration program I and II Anti-wrinkle	
Wrinkles on cheecks	Cracks and adhesions of connective tissue	Regeneration program I and II Rejuvenation Anti- wrinkle	
Couperosis	Vascular capillar sclerosis	Regeneration program I and II Couperosis Rejuvenation	
Irregular pigmentation	General detoriation of skin condition and imbalanced fat/moisture ratio	Regeneration program I and II Rejuvenation	
Upper lip wrinkles	Lichnification	Regeneration program I and II Rejuvenation Anti- wrinkle	
Acne vulgaris	Androgene hormones, imbalanced metabolism, bacterial infections, external circumstances	Regeneration program I and II Acne	

Cellulit	· e	Hormones, accumulation and adhesion of fat	Regeneration program I and II
Condition		cells, moisture and toxins	Cellulite

## 3.2 CONTRA-INDICATIONS

Some conditions or circumstances are not suitable for the whole energy skin care approach, or parts of it, such as:

- Burns, scalds, open wounds
- Skin infections or inflammations, viral en bacterial skin diseases
- Boils and other kinds of contagious skin eruptions
- Serious organic and/or contagious diseases
- Electromagnetic stimulation is a contra-indication for pregnant clients, clients with increased chance of thrombosis, clients with pacemakers, implanted defribillators, or implanted hearing aids
- No i-LIGHT exposure in faces of clients with a history of convulsions

# 4. TREATMENT SEGMENTS IN DETAIL

# **4.1 CONNECTIVE TISSUE TREATMENT**

# 4.1.1 INTRODUCTION

The connective tissue system is in fact our largest organ. Together with extracellular fluids, it contains more than 60% of all human tissues. It interconnects the skin, muscles, fat, fluids, cells and organs. As an independent system, it is called B.B.R.S.(Basic-Bio-Regulation System), the Matrix, or Pischinger's System.

This system regulates all vital functions like respiration, circulation, energy management, metabolism, temperature and pH.

It also controls the permanent exchange between the Autonomic and the Central Nervous system, the Endocrine system and the Immunity system.

Distributors of that huge and complicated exchange are neurotransmittors and metabolic, immune regulating and endocrine substances. All primal counter-measures against pathogene factors like cold, wind, heat, damp, moisture, infections, injuries, scars, alien substances are taken within the connective tissue system.

Life style, habits and life circumstances, attitude to life, and nutrition play an evident role in maintaining efficiency of this autonomic self-regulation and adaptive capacity.

Biochemical pollution of the connective tissue system by permanent overload seems to be one of the most important causal factors in chronic illnesses.

That's why thorough and consequent detoxification of the connective tissue system is the first and best step on the way back to vitality, beauty and health.

# 4.1.2 CONNECTIVE TISSUE ZONES: AN INTEGRAL TREATING AREA

Chronic connective tissue changes caused by permanent disregulation can be observed in certain dermal zones by discolorations, differences in structure, temperature, circulation, and tissue retractions. These dermal zones are related to inernal organs by segmental innervation..

The relationship between certain internal organs and (sub)dermal zones has been discovered around 1900 by the English neurologist Head. That's why these connective tissue zones are mentioned "Head's zones".

All internal organs and functions have their own projection area in connective tissue zones, right under the skin. Treating these connective tissue zones in an integrative way will facilitate the self healing capacity of all related body parts in an hormonal, neurological and immunological way.

# **4.1.3 THE GENESIS OF CONNECTIVE TISSUE ZONES**

Embryological development is in fact a segmental construction: a successive range of joined "slices" with similar compositions. These "slices" are called "somites", and contain different structures. These structures are the sources of specific tissues, which are formed in a later stage of development.

Sclerotome the formation source of bone tissue

Myotome: the formation source of muscular tissue

Dermatome: the formation source of skin tissue

Vasotome: the formation source of blood vessels

Viscerotome: the formation source of internal organs

Neurotome: the formation source of neural tissue

One particular segment contains all these structures, wich makes it comprehensible that each particle of skin, muscle, bone, nerve, vessel or organ originates from a spinal segment.

#### 4.2 LYMPH DRAINAGE AND CONNECTIVE TISSUE MASSAGE

Lymph drainage and massage of the entire connective tissue system will take place with vacuum cupping techniques with specific rhythmic changing suction ("i-VAC"). This promotes vascular circulation, extracellular metabolism, the returning lymphatic circulation and the interstitial discharge of toxins, causing a deep and thorough cleansing of all tissues and the entire skin.

Premature and accellerated ageing will be slowed down significantly by systematic and integrated application of lymph drainage and connective tissue massage, together with "galvanic facelifting", colour therapy and electromagnetic field therapy. That's why each client feels very relaxed and fit after any energy skin care treatment.

# 4.3 REVITALISATION / REGENERATION

Indirect alkalisation, improvement of circulation and elasticity is the result of segmental corresponding facial zones with the i-ON

Lymphe drainage and connective tissue massage of face and neck will be executed with the i-VAC.

Concluding treatment of the face with the i-LIGHT promotes stimulation of photonic distribution and DNA synthesis by application of specific skin revitalizing colour sequences.

# 4.4. LOCALISATION OF FACIAL ZONES

# UPPER HORIZONTAL FOREHEAD ZONE, NEXT TO THE HAIR OF THE HEAD

This zone has been related to Bladder energy. Horizontal wrinkles with a scaly and dry skin may be the result of stagnated fluids by weakened kidney- and bladder energy.

# MIDDLE HORIZONTAL FOREHEAD ZONE

This zone has been related to the small intestine. Poor digestion by enzymatic problems are often the result of incomplete elimination of waste and toxins, causing wrinkles and pimples in this area. Excretion and elimination can be improved and facilitated by nutritional corrections, more physical activity and drinking more natural water. Besides hereditary factors, too much ploddering caused by chronic problems with making choices and setting priorities may cause premature wrinkling in this

A pale or red forehead may indicate upset vascular circulation or emotional imbalance.

# **TEMPORAL ZONES**

This zone has been related to the gallbladder. Skin eruptions here may indicate accumulation of fatty waste and possible frustrations due to too high expectations and impatience.

# ZONE BETWEEN THE EYEBROWS

This zone has been related to the liver. Vertical wrinkles here may indicate excessive eating and drinking, chronic stress, lack of healthy sleep, and emotional imbalance by unexpressed and accumulated anger and inability.

## ZONE AROUND THE EYES

The area below the eyes has been related to the kidneys. Black-blue eye rings may indicate poor kidney- and bladder energy. These dark rings are often hereditary and may show dehydration, accumulated fluids and a poor excretion of fluids. The area above the eyes has been related to the spleen/pancreas energy. Stagnated fluids here may indicate problems with carbohydrate- and sugar metabolism. Yellow brown fat accumulation around the eyes may indicate chronic problems with gallbladder and liver functions. When grey coloured, exhaustion, stress and disturbed vascular circulation may be at stake.

#### NOSE

The nose has been connected to the lungs, hence respiration.

The nose tip and nose bridge have been related to the heart energy. A red nose with diluted capillars may indicate a vascular problem, possibly related to blood pressure and chronic nutritional problems.

# NOSTRIL-MOUTHCORNER-FOLD

This zone has been related to the large intestine. Skin eruptions or a deep crease along the nostrils may indicate accumulated waste and toxins, caused by deficient colonic activity (constipation or dysbiosis).

# CHEEKS

Wrinkles in the jaw bone area may indicate imbalanced lung energy. The part just above the jaw bone, but below the kidney zone, belongs to the stomach.

Sensitive red couperose cheeks may be the expression of imbalanced lung-, stomach-, spleen- and/or heart energy. Slight swellings may be an indication of disturbed colon energy

## ZONE AROUND THE MOUTH

The skin around the mouth is related to the circulation meridian.

Vertical wrinkles around the mouth may indicate hormonal problems.

Pimples and sores in the corners of the mouth may indicate disturbed heart energy and/or colon energy.

# CHIN

This zone, together with the eye zones, is related to the kidneys. Inflammations and obstructions may indicate accumulated waste in the kidneys, poor circulation of fluids and menstruation problems. Skin troubles like excessive hair growth may be correlated to hormonal disbalance; impurities in the skin zone may also indicate poor intestinal functions.

# LATERAL JAW CORNER

This zone is related to the gallbladder energy.

# NECK

Red spots or an impure skin with pimples is often related to the stress hormone cortisol. Skin eruptions in the neck or breast area are often related to an emotional disbalance and problems with lungs and vascular circulation.

# TABLE FACIAL ZONES

FACIAL ZONES	LOCALIZATION	RAYMEDY
Bladder zone	Upper horizontal area of forehead	Renastimutron
Kidney zone	Area below the eyes and Chin area	Renastimutron
Liver zone	Area between the eyes	Hepastimutron
Gallbladder zone	Temporal area Jaw angle area	Hepastimutron
Heart zone	Nose tip and nose bridge	Corstimutron
Small intestine zone	Middle horizontal area of forehead	Lienostimutron
Circulation zone	Area around the mouth	Thalastimutron
Triple heater zone	Lateral eyebrow angle	Corstimutron
Stomach zone	Cheeck area just above the cheek-bone	Lienostimutron
Spleen zone	Area above the upper eye lids	Lienostimutron

Lung zone	Cheek-bone area, nostrils	Pneumastimutron
Large Intestine zone	Fold between nostrils and corners of the mouth	Pneumastimutron

## 4.5 ELIMINATION THROUGH ABDOMEN AND THORAX

Connective tissue massage and lymphe drainage of the abdominal and thoracic zones with the i-VAC

## 4.6. CONSOLIDATION

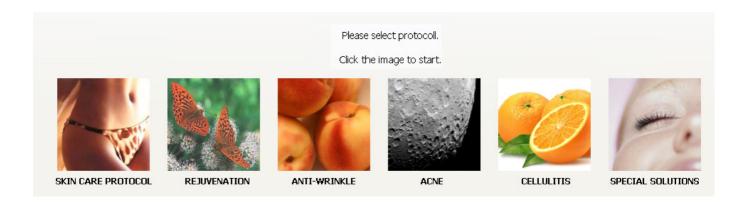
The last step in each skin care program concerns the consolidation with magnetic field frequencies. This enables the client to enjoy a deep and very pleasant feeling of relaxation and tranquillity while responding to the overall treatment effect in terms of a post-vegetative regulation. The program will calculate the most adequate magnetic field signal to facilitate this, and shows where to apply this signal with the red beamer.

# LOCALIZATION OF ACUPUNCTURE POINTS FOR CONSOLIDATION

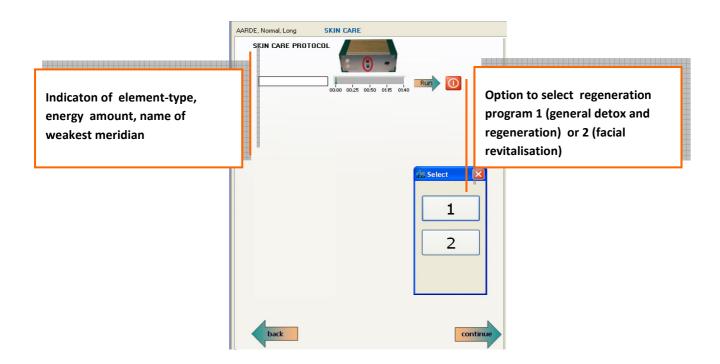
JM-3	anterior midline, 1 cun above the pubic bone
JM-8	in the centre of the navel
JM-12	anterior midline, midway between the sternum and the navel
JM-17	anterior midline, at the centre of the breast bone
DM-14	posterior midline, just below vertebra C7 (neck-shoulder-level)

# 4.7 STARTING UP THE ENERGY SKIN CARE-PROGRAM

Each energy skin care program starts after having performed 3 EDA measurements. By clicking the "CONTINUE"-arrow, the Skin Care Alkaline Balance introduction will appear on the screen, which is meant to be read by your client. It is recommended, to mail this introduction at least a week preceding your clients first consultation, to ensure a good preparation. By clicking again the "CONTINUE"-arrow again, you will enter the selection-menu of the energy skin module.



The left image is called "Skin care protocol". Clicking this image opens the next screen:



# 5.1 REGENERATION PROGRAM II: DETOX OF CONNECTIVE TISSUE AND LYMPHATIC SYSTEM 5.2 REGENERATION PROGRAM III: FACIAL REVITALISATION 5.3 REJUVENATION PROGRAM 5.4 ANTI-WRINKLE PROGRAM 5.5 ACNE PROGRAM 5.7 SPECIAL SOLUTIONS

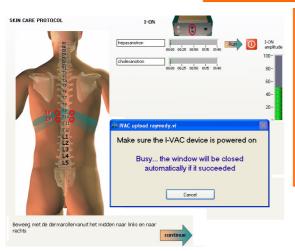
## 5.1. REGENERATION PROGRAM I



# 5.1.1 REGENERATION PROGRAM I, STEP 1

This is the first step in matrix-regeneration. That means: modulated phoresis (galvanisation) with autamtically selected frequencies ("Raymedies"), based upon previous performed Eda-measurements.

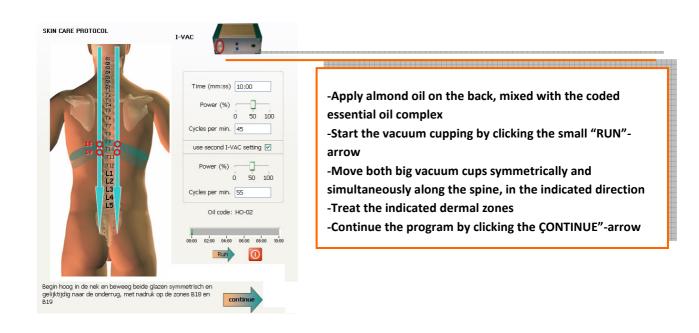
The cliënt is in a prone position. Connect the Zero-electrode (-) and the dermaroller (+) to the i-MATRIX-device on the front, and attach the Zero-electrode to the client's wrist. Turn the switch in the "ON" position. Make sure that the rod-antenna has been connected to the back of the device. In case of an insufficient wireless connection, an error message will be shown, which will disappear after having performed the proper procedure. (see picture). The current amplitude can be adjusted by moving the cursor along the vertical column at the right side of the screen. The amplitude is client-and region sensitive, and should be adjusted just below the sensitive level. Apply the contact-gel to the indicated skin areas. Klick the "RUN" arrow next to the upper indicated Raymedy. Now move with the dermaroller from the spinal centre of the indicated dermatome towards left and right. The treatment time has been preset on more than 1 minute, but you can repeat the procedure for each dermatome, or abort it at any moment. By clicking on the "RUN" arrow next to the second indicated Raymedy, that one will be activated. After having finished the whole first step, click on the "CONTINUE"-arrow to enter the next step.



-I-ON:

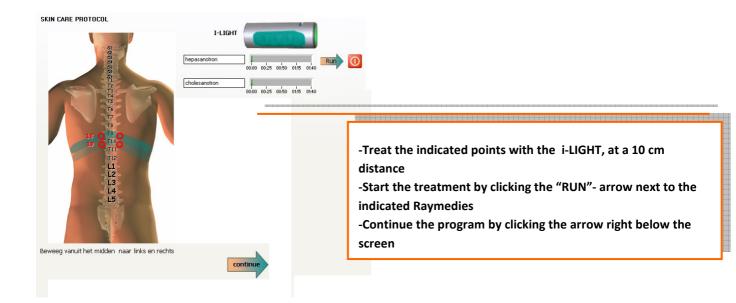
- -Apply contact gel
- -Adapt current amplitude to a sub-sensitive level
- -Activate Raymedies by clicking on the "run" -arrow
- -Connect Dermaroller to red i-Matrix socket
- -Connect 0-electrode to black i-Matrix socket
- -Treat indicated dermal zones with the dermaroller
- -Click "continue" arrow to enter the next step

Now you are ready for the second stage of the regeneration program: pulsating vacuum massage. Remove the remaining contact-gel, and prepare the back of your client with the coded oil as indicated on your screen. In this particular example, start with 2 vacuum cups in the neck, and activate the i-VAC by clicking the "RUN"-arrow right below. Follow the on-screen instructions. When you are ready with the second stage, click the "CONTINUE"- arrow right below the screen.



# 5.1.3 REGENERATION PROGRAM 1, STEP 3

Now, you are in the 3rd stage of the regeneration program: treatment of the indicated zones with the i-LIGHT. Acitivate the Raymedies by clicking the "RUN"-arrow. Click the "CONTINUE"-arrow when you are finished.



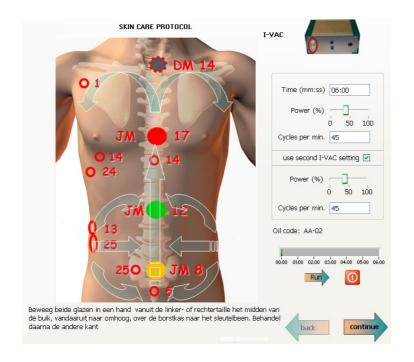
Doing that, the program asks you to do another EDA measurement. Again, click the big arrow.





# 5.1.4 ELIMINATION, STEP 4

Now, you have to click the blinking arrow in the upper screen part, to enter the 4th stage of the regeneration program: Elimination. Your client is in supine position, with uncovered abdomen. Use the proper oil combination, and activate the i-VAC by clicking the small "RUN"- arrow. Use the big cups and follow the indicated directions on screen.



# **ELIMINATION, STEP 4:**

- -Client in supine position
- -Use the proper oil combination (in this case AA-3)
- -Apply enough oil to the treatment zones
- -Take both vacuum cups in one hand, and start with the left or right side of the abdomen
- -Click the "run"-arrow to activate the i-VAC
- -Click the "continue"- arrow to move on

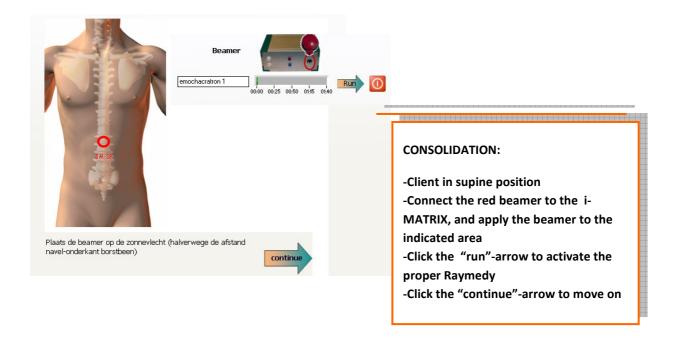
Again the program asks you to perform an EDA measurement, After having done that, clicking the "continue"-arrow will lead you to the 5<sup>th</sup> and last stage of this program.





# 5.1.5 CONSOLIDATION, STEP 5

In order to proceed to the consolidation stage, connect the red Beamer plug to the i-Matrix device, and apply the red beamer to the indicated point as shown in the picture. Just activate the proper Raymedy by clicking the "run"-arrow next to the indicated Raymedy.



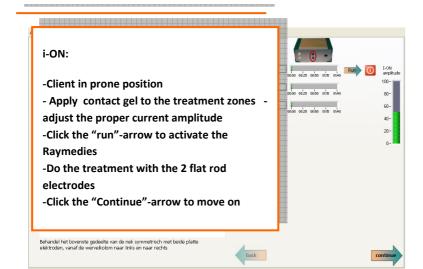
Clicking the "continue"-arrow will inform you to have finished this program, with the text:

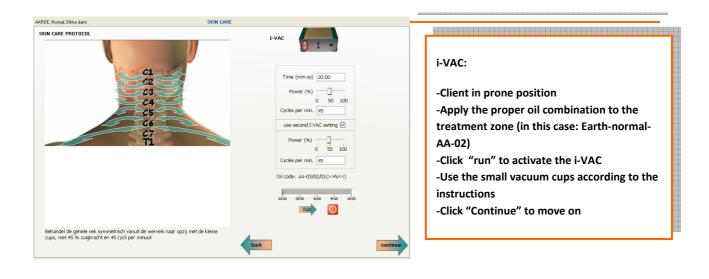
# Protocoll is finished.

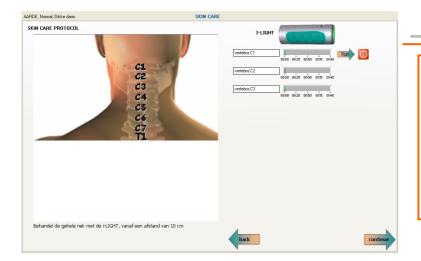
# 5.2 REGENERATION PROGRAM 2 - FACIAL REVITALISATION



The program starts with treating the neck zones, with the i-ON, i-VAC en i-LIGHT.

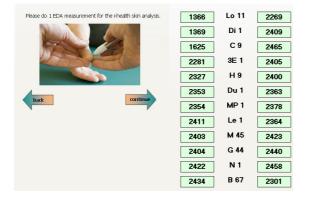






# i-LIGHT:

- -Client in prone position
- -Beam the i-LIGHT to the neck, at a 10 cm distance
- -Click "run" to activate the i-LIGHT
- -Click the "Continue"-arrow to move on



#### **NEW EDA MEASUREMENT**

- A next EDA measurement is necessary, preceding the facial revitalization
- Follow the instructions on screen

# 5.2.1 REGENERATION PROGRAM 2, STEP 2A: FACIAL TREATMENT WITH I-ON .

Clean the facial skin. First, the whole face will be treated with the dermaroller, with the Raymedy Cicatron. Use a sufficient amount of contact-gel, adjust the i-ON amplitude to a subsensitive level (normally between 70 and 80, if the zero-electrode is well moisturized), and activate the Raymedy by clicking the "run"-arrow.



# 5.2.2 REGENERATION PROGRAM 2, STEP 2B. FACIAL CUPPING

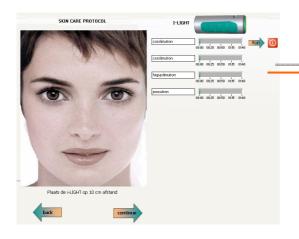
Treatment with the i-VAC in 2 steps: lymph drainage and connective tissue massage. Remove the remaining contact-gel, and prepare a mixture of almond oil and the coded element complex as indicated on screen.



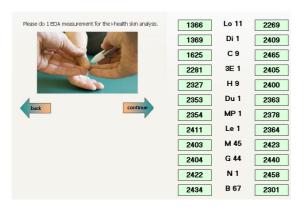
i-VAC: According to the vacuum power, pulsation and moving direction, the i-VAC treatment will have a draining effect on the lymphatic system or a detoxifying and regenerating effect on the connective tissue



# 5.2.3 REGENERATION PROGRAM, STEP 2C. FACIAL TREATMENT WITH THE 1-LIGHT.

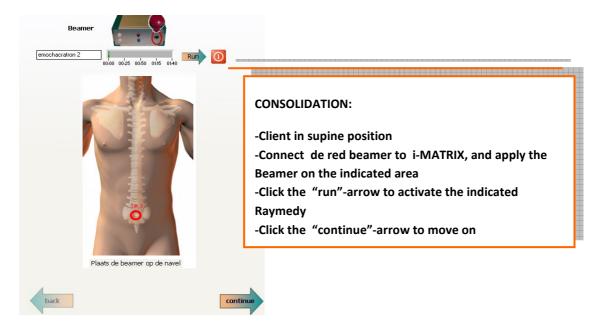


i-LIGHT: the facial skin receives similar meridian regulating Raymedies as in step 2a, but now as colour signals with the i-LIGHT, with a powerful skin vitalizing Raymedy at the end A final EDA measurement is necessary to define the proper Raymedy for the consolidation stage.



# 5.2.4 CONSOLIDATION, STEP 3

In order to perform the consolidation stage as the last step of this program, connect the red Beamer to the i-Matrix device, and apply the beamer to the indicated area. Now activate the proper Raymedy by clicking the "run"-arrow, next to the mentioned Raymedy.

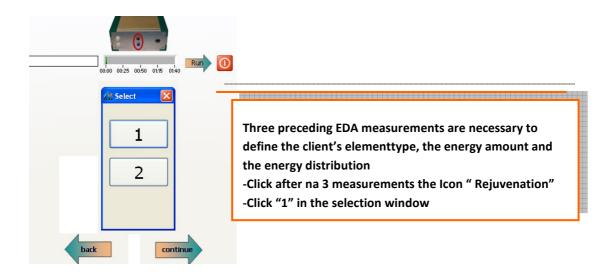


By clicking the "continue"-arrow, you will be notified you just finished this program.

# Protocoll is finished.

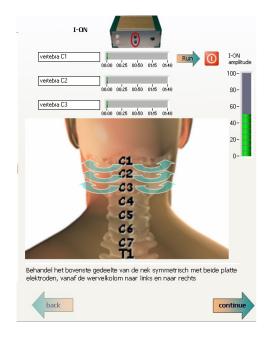
## 5.3 REJUVENATION PROGRAM





# 5.3.1 REJUVENATION OF THE NECK WITH THE I-ON, THE I-VAC AND THE I-LIGHT

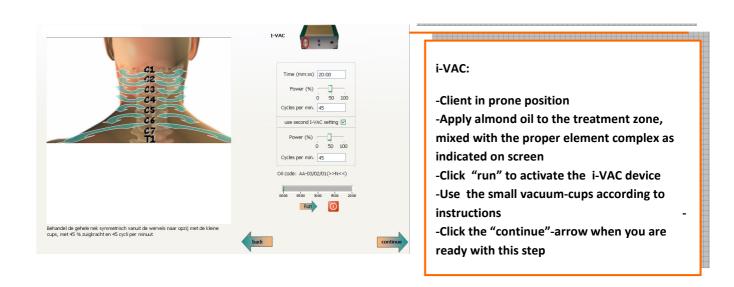
Now, the next screen will appear:

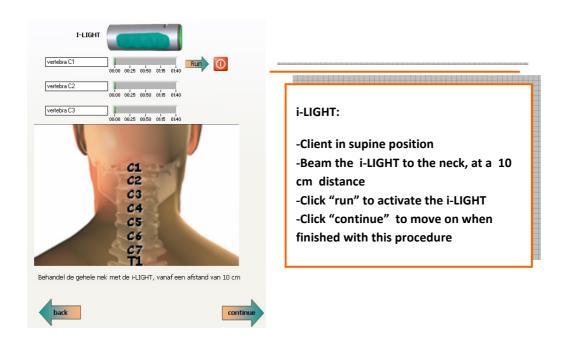


## i-ON:

- -Client in prone position
- Attach the 0-electrode to the client's wrist
- -Apply contact-gel to the treatment
- -Adjust the proper current amplitude
- -Click the "run"-arrow to activate the Raymedies
- -Treat with the 2 flat rod electrodes
- -Click the "continue"-arrow to move on

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# 5.3.2 FACIAL REJUVENATION WITH THE I-ON, I-VAC AND I-LIGHT



# i-ON:

- --Client in supine position
- -Attach the 0-electrode to the wrist
- -Apply contact gel to the whole face and the neck
- -Adjust the proper current amplitude
- -Click the "run"-arrow to activate the Raymedies
- -Treat the face with the dermaroller
- -Click "continue" to move on when finished

# 5.3.3 I-VAC TREATMENT IN 2 STAGES: LYMPH DRAINAGE AND CONNECTIVE TISSUE MASSAGE.

Remove the remaining contact-gel, and prepare a mixture of almond oil and the on screen indicated element complex



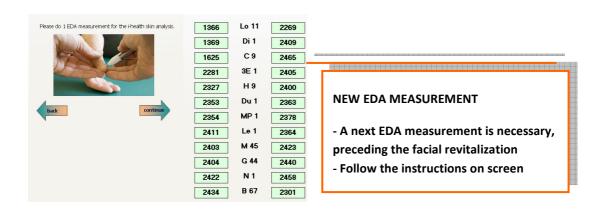
i-VAC: According to the vacuum power, pulsation and moving direction, the i-VAC treatment will have a draining effect on the lymphatic system or a detoxifying and regenerating effect on the connective tissue





#### i-LIGHT:

- -Client in supine position, with closed eyes
- -Beam the i-LIGHT to the face at nose tip level, at a 10 cm distance
- -activate the Raymedies by clicking the "Run"-arrow
- -Click "continue" to move on when finished



# **5.3.4 CONSOLIDATION WITH THE BEAMER**



# **CONSOLIDATION STAGE**

- -Client in supine position
- Due to the actual energy excess in the Earth Element (in this example) , automatically the program has selected the Raymedy Emochacratron 5: discharge of energy excess to Metal
- -Apply the red beamer to the navel, and activate the Raymedy by clicking the "run"-arrow

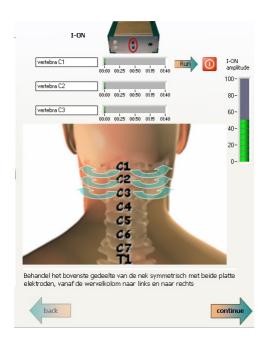
This program will be finished after having clicked the "continue"-arrow:

# Protocoll is finished.

# **5.4 ANTI-WRINKLE PROGRAM**

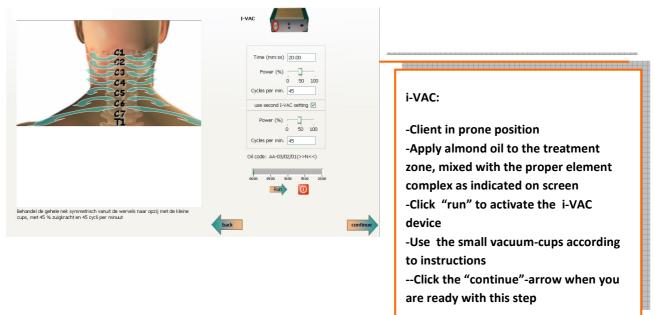


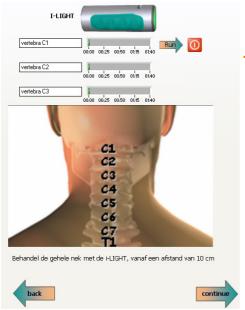
# 5.4.1 PREPARATORY NECK TREATMENT WITH THE I-ON, I-VAC AND I-LIGHT



# i-ON:

- -Client in prone position
- -Apply contact gel to the treatment zone
- -Adjust the proper current amplitude
  -Click the "run"-arrow to activate the
- -Click the "run"-arrow to activate the Raymedies
- -Treat with the 2 flat rod electrodes
- -Click "continue" to move on



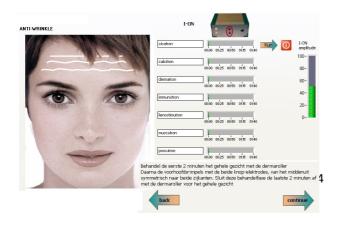


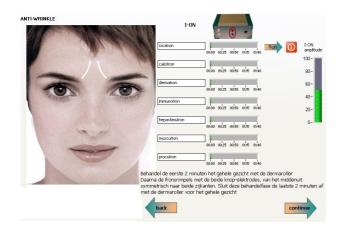
## i-LIGHT:

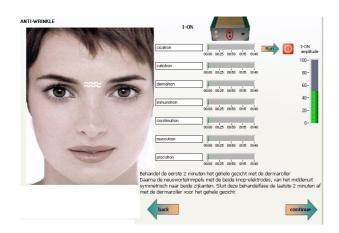
- -Client in supine position
- -Beam the i-LIGHT to the neck, at a 10 cm distance
- -Click "run" to activate the i-LIGHT
- -Click "continue" to move on when finished with this procedure

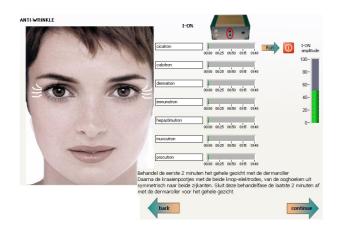
# 5.4.2 TREATMENT OF THE MOST COMMON WRINKLES WITH THE I-ON

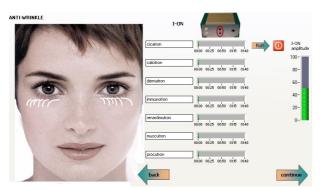
Within the usual consultation time it is not possible to treat all wrinkles thorougly. So discuss the most problematic wrinkles, give those wrinkles treatment priority and follow the treatment instructions on screen.



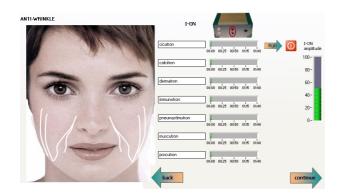


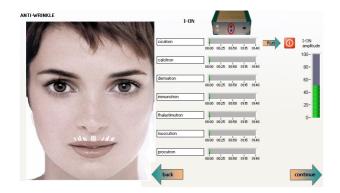






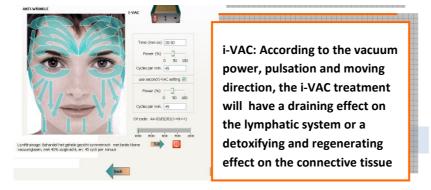
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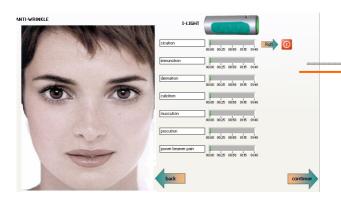


# 5.4.3 FACIAL LYMPHATIC DRAINAGE AND CONNECTIVE TISSUE MASSAGE WITH THE I-VAC



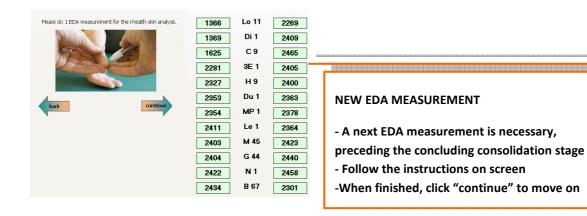


## **5.4.4 FACIAL TREATMENT WITH THE I-LIGHT**



## i-LIGHT:

- -Client in supine position, with closed eyes
- -Beam the i-LIGHT to the face at nose tip level, at a 10 cm distance
- -activate the Raymedies by clicking the "Run"-arrow
- -When finished, click "continue" to move on



# 5.4.5 CONSOLIDATION WITH THE BEAMER TO CONCLUDE THE ANTI-WRINKLE PROGRAM



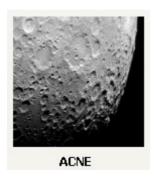
## **CONSOLIDATION STAGE**

- -Client in supine position
- Due to the actual energetic balance in the Earth element in this example, the program selects automatically the Raymedy Emochacratron 2: stabilizing the personal elemental energy
- -Apply the red beamer to the navel and activate the Raymedy by clicking the "run"-arrow

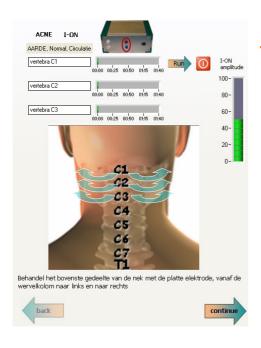
By clicking the "continue"-arrow, the anti-wrinkle program will be finished and closed:

Protocoll is finished.

## **5.5 ACNE PROTOCOL**



# 5.5.1 PREPARATORY ACNE TREATMENT OF THE NECK WITH THE I-ON, I-VAC AND I-LIGHT



# ACNE TREATMENT NECK WITH i-ON:

- -Client in prone postition
- Apply contact gel to the treatment zone
- -Adjust the proper current amplitude
- -Click the "run"-arrow to activate the Raymedies
- -treat with both flat rod electrodes
- -When finished, click "continue" to move on





## ACNE TREATMENT NECK WITH i-LIGHT:

- -Client in supine position
- -Beam the i-LIGHT to the neck, at a 10 cm distance
- -Click "run" to activate the i-LIGHT
- -Click "continue" to move on when finished with this procedure

## 5.5.2 FACIAL ACNE TREATMENT WITH THE I-ON, I-VAC AND I-LIGHT



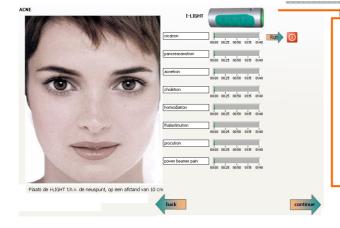
## FACIAL ACNE TREATMENT WITH i-ON:

- -Apply contact gel
- -Adapt current amplitude to a sub-sensitive level
- -Activate Raymedies by clicking on the "run" -arrow
- -Connect Dermaroller to red i-Matrix socket
- -Connect 0-electrode to black i-Matrix socket
- -Treat indicated dermal zones with the dermaroller
- -Click "continue" arrow to enter the next step



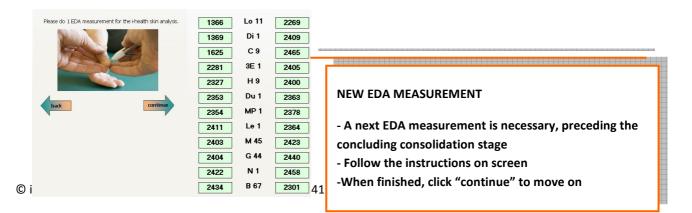
### FACIAL ACNE TREATMENT WITH THE i-VAC:

- -Client in supine position
- -Remove the remaining contact gel, and mix almond oil with the elemental oil complex as indicated on screen
- -Follow further screen indications

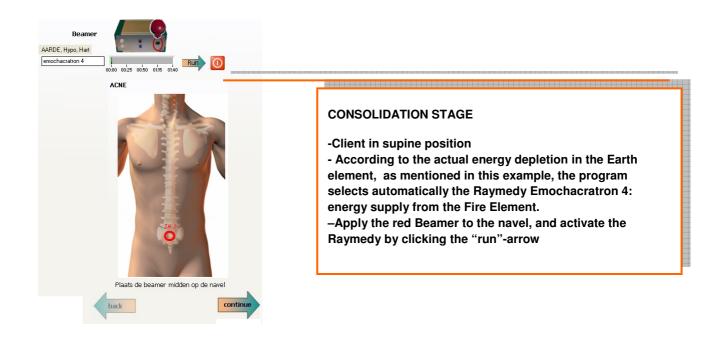


### **FACIAL ACNE TREATMENT WITH THE i-LIGHT:**

- -Client in supine position
- -Remove the remaining oil, and activate the Raymedies by clicking the "run"-arrows nect to the Raymedies on screen
- -Beam the i-Light to the face at nose tip level, at a 10 cm distance



# 5.5.3 ACNE PROGRAM: CONSOLIDATION WITH THE RED BEAMER



After having clicked the "continue"-arrow, the acne program will be finished and closed:

Protocoll is finished.

### **5.6 CELLULITE PROGRAM**

For practical topographic reasons, Cellulite in this program has been subdivided into 3 forms, due to the correlation with the concerned meridians:

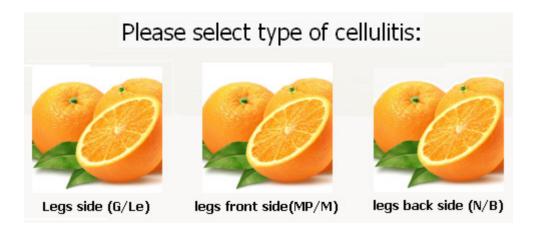
G/liv, (Gallbladder/Liver), SP/St (Spleen-Pancreas-Stomach), en K/B (Kidney/Bladder)

G/Liv cellulite will be treated whith the client laying on the right or left side, SP/St cellulite in supine position, and K/Bcellulite in prone postion, Because the SP/St function plays an important role in all kinds of cellulite, it is recommended to combine the SP/St meridians/zones with each cellulite treatment.

During performing the Cellulite programs, pictures will be shown with the cellulite zones, the dermatomes, the shu points and the alarm points.

3 EDA measurements define the client's constitutional energy type (normal, hypo-, or hyper)

After having selected the cellulite program in general, 3 types of cellulite will appear on your screen:



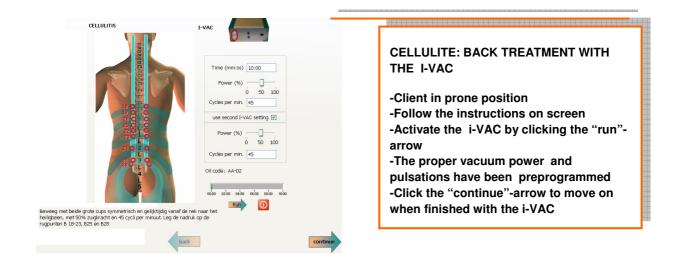
Alle cellulite programs will provide a cellulite treatment of the legs in particular, and contain a similar construction. There is only a differentiation concerning the specific treatment zones. That's why only the G/Liv program will be described in detail.

# 5.6.1 CELLULITE PROGRAM G/LIV (LATERAL SIDE OF LEGS)



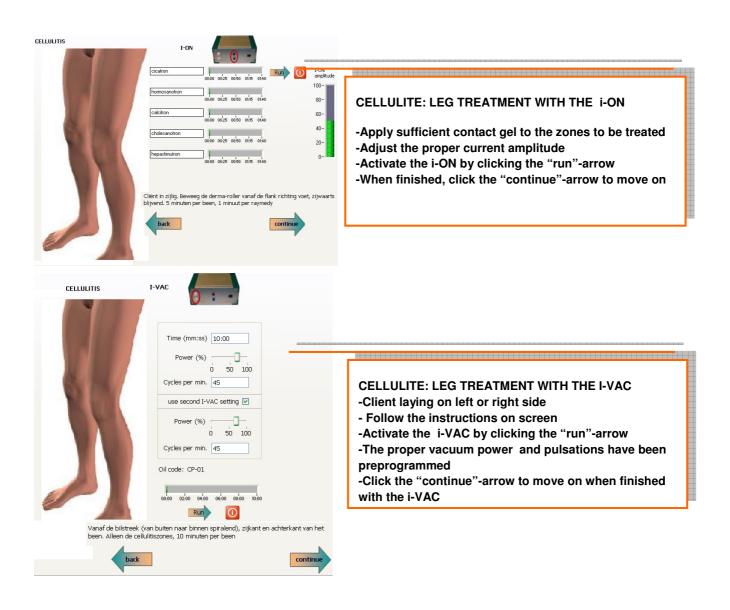
3 preceding EDA measurements are necessary to define the client's element type, the amount of energy, the regulative capacity, the energy distribution and the weakest meridian As a result, the next screen will indicate the proper direction of movement with the vacuum cups with the personal essential oil complex.

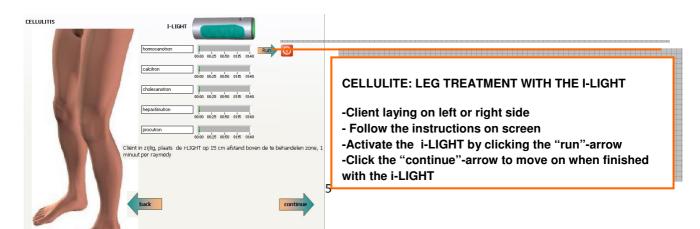
## 7.6.2 CELLULITE PROGRAM G/LIV. BACK TREATMENT WITH THE I-VAC



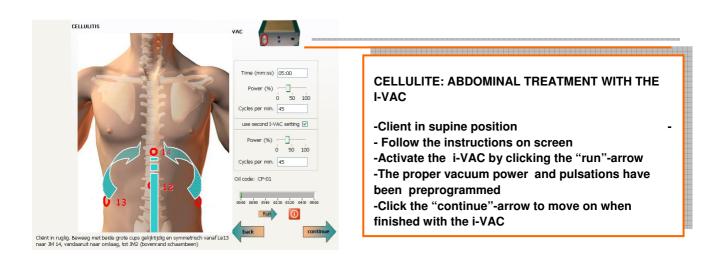
# 5.6.3 CELLULITE PROGRAM G/LIV. TREATMENT OF THE PROBLEMATIC ZONES WITH THE I-ON, I-VAC AND I-LIGHT

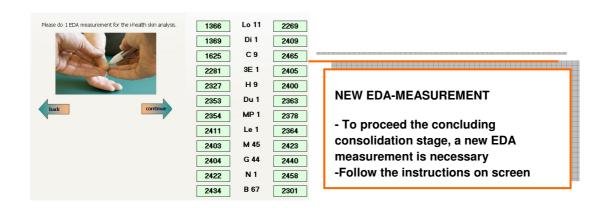
The treatment described here should be repeated with the other leg





# 5.6.4 CELLULITE PROGRAM G/LIV. ABDOMINAL TREATMENT WITH THE I-VAC





# 5.6.5 CELLULITE PROGRAM: CONSOLIDATION WITH THE RED BEAMER



### **CONSOLIDATION STAGE**

- -Client in supine position
- Due to the actual energy depletion in the client's constitutional Earth element, the program selects in this example automatically the Raymedy Emochacratron 4: energy supply from the Fire Element
- -Apply the red beamer to the navel, and activate the Raymedy by clicking the "run"-arrow

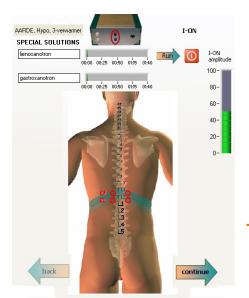
By clicking the "continue"-arrow after having finished the consolidation stage, the cellulite program will be closed and your screen will show the text:

# Protocoll is finished.

## **5.7 SPECIAL SOLUTIONS**

Programs for several specific skin and beauty problems are under construction right now. This chapter contains a typical 'demo-protocol", which allows beauty practitioners to get their new and interested clients acquainted with all effective ingredients of the Energy Skin Care Module.

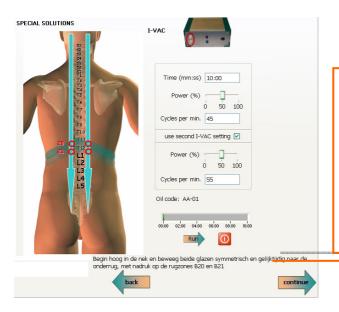
# 5.7.1 DEMO PROGRAM-BACK TREATMENT WITH THE I-ON, I-VAC AND I-LIGHT



Beweeg met de dermaroller vanuit het midden naar links en rechts

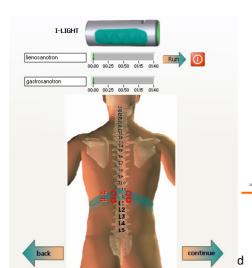
### **DEMO-PROGRAM: i-ON BACK TREATMENT**

- -Adjust the proper current amplitude
- Click the "run"-arrow to activate the i-ON
- -Follow the instructions on screen
- -Click the "continue"-arrow to enter the next step



## **DEMO-PROGRAM: i-VAC BACK TREATMENT**

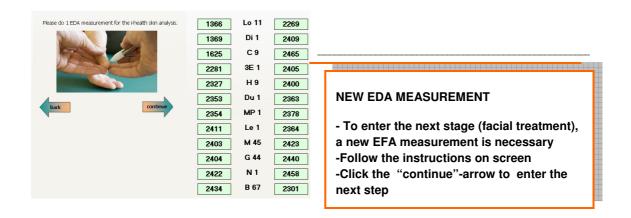
- -Client in prone position
- -Follow the instructions on screen
- -Activate the i-VAC by clicking the "run"-arrow
- -The proper vacuum power and pulsations have been preprogrammed
- -Click the "continue"-arrow to move on when finished with the i-VAC



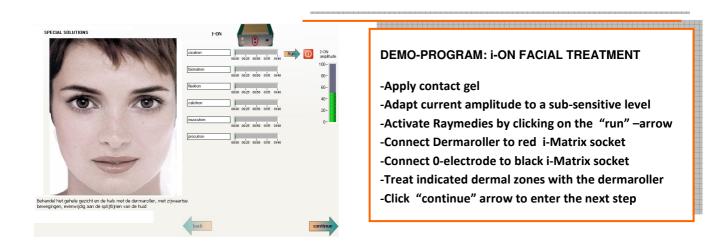
Richt de i-LIGHT achtereenvolgens tussen de punten B20 en B21

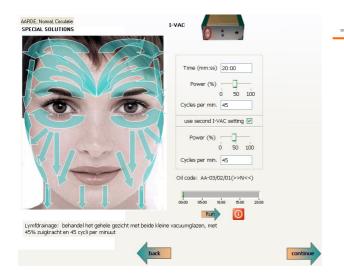
# DEMO-PROGRAM: i-LIGHT BACK TREATMENT

- -Click the "run"-arrow to activate the i-LIGHT
- -Follow the instructions on screen
- -Click the "continue"-arrow to enter the next step



## 5.7.2 DEMO PROGRAM-FACIAL TREATMENT WITH THE I-ON, I-VAC AND I-LIGHT





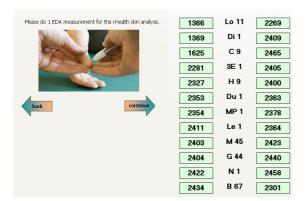
# **DEMO-PROGRAM: i-VAC FACIAL TREATMENT**

- -Client in supine position
- -Remove the remaining contact gel, and mix almond oil with the elemental oil complex as indicated on screen
- -Follow further screen indications
- -Click "continue" arrow to enter the next step



# DEMO-PROGRAM: i-LIGHT FACIAL TREATMENT

- -Client in supine position
- -Remove the remaining oil, and activate the Raymedies by clicking the "run"-arrows nect to the Raymedies on screen
- -Beam the i-Light to the face at nose tip level, at a 10 cm distance
- -Click "continue" arrow to enter the next step



#### **NEW EDA MEASUREMENT**

- A next EDA measurement is necessary, preceding the concluding consolidation stage
- Follow the instructions on screen
- -When finished, click "continue" to move on

## 5.7.3 DEMO PROGRAM-CONSOLIDATION STAGE WITH THE RED BEAMER



## **CONSOLIDATION STAGE**

- -Client in supine position
- Due to the actual energy excess in the Earth Element (in this example), automatically the program has selected the Raymedy Emochacratron 5: discharge of energy excess to Metal -Apply the red beamer to the navel, and activate the Raymedy by clicking the "run"-arrow

This demo-program will be closed after having clicked the "continue"-arrow. You will read on screen the text:

Protocoll is finished.