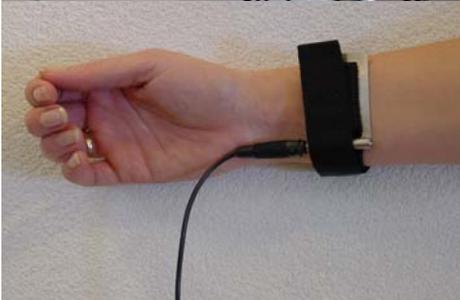


**THE I-HEALTH ACADEMY**



# Manual

# Therapy Module

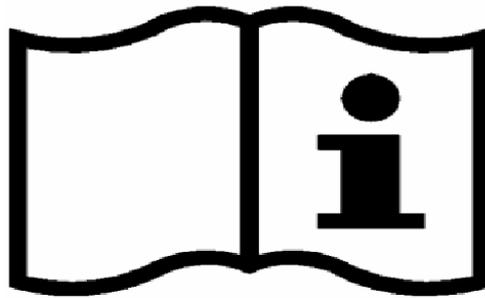
**I-Health Version 2.04**

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Acknowledgements



### **Contra-indications for the usage of AFT and Raymedies with beamer and lightpen:**

- **The patient has a pace-maker;**
- **The patient has an implanted cardioverter defibrillator (I.C.D.)**
- **The patient is pregnant;**
- **The patient has a chance of thrombosis**
- **The patient uses a implanted hearing aid.**



**The i-health®System may only be used after consultation of the manual and after proper training.**

**Consult the details of the training-program that your i-health representative has made available to you, prior to the shipment of the device.**

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### 5. Revision history

This is the manual for the therapy-modules of the i-health®-system.

The therapy-modules are:

- Thermography-module for RaymedieScan and Autogene frequency therapy ( AFT).
- Raymedies: electro-magnetic wave patterns in the ultra-long frequency and visible light range to be applied with the beamer and lightpen.

The manual shows you :

- how to navigate through the software,
- tips for practical handling,
- the nature of the different graphs and how to interpret these,
- scan and wellness-protocols.

3 international patents, owned by the i-health proprietors protect the i-health®System and ascertain that you are working with a unique system.

# 1. i-health® therapy-modules



## 1.1. Introduction.

The i-health®System is very flexible and opens a variety of treatment possibilities and choices.

The EDA-graphs tell us what is really going on while we are treating. By comparing a graph that has been taken after a treatment with a graph from a moment before, one sees the exact reaction of the meridian-network to the treatment and this answers the question ‘was this treatment right, wrong or indifferent’.

In this way one learns step by step and usually finds effective treatments. In order to do this, one needs to know

- a. how to find the effective raymedies with the thermographic scan ;
- b. which acupuncture-rule to apply;
- c. how to match the complaints with the EDA-energy-profile;
- d. a logical choice for the acupuncture points ( See Mussat or the Wellness-protocol).

For complex cases or cases where it is difficult to find a cause, one uses the raymedie-scan and begins with the quick-scan.

## 1.2. Treatment with colored light and/or with the magnetic field ?

Most raymedies are available as colored light-sequence as well as complex, electro-magnetic signals. The light-sequences are applied with the lightpen. The lightpen is connected with the computer via the USB-port.

The treatment with complex electro-magnetic-signals goes via the beamer. The beamer is connected with the head-phone connector of the computer. The soundcard generates these complex signals. The raymedies are not meant to work as audio-signals, but as magnetic-waves. The beamer converts these signals in a radio wave or magnetic-wave. Technically these em-waves are in the ultra-long radio-wave range.



The beamer is used to energize processes and the nervous-system, to influence the connective tissue and it works at the level of groups of cells and organs.

The light pen is effective at the cellular-level because of the much shorter wave lengths.



Both devices can be used at acupuncture-points as well as locally at scars, at a traumatized spot or at a vertebra.

## 2. The Thermography-module for AFT and Raymedie-Scan.

## 2.1.Introduction

Six very sensitive temperature sensors measure the minutest changes of the skin-temperature. At the same time a small transmitter called beamer, that is attached underneath a foot, and the light pen that is beaming at the second chakra, emit a sweep of selected raymedies. The algorithms that are built-in in the software evaluate the changes that are superimposed on the normal temperature-regulation, Those raymedies are marked that elicit the strongest response from the body.

Contra-indications for treatments with the beamer are:

- The patient has a pace-maker;
  - The patient has an implanted cardioverter defibrillator (I.C.D.)
  - The patient is pregnant;
  - The patient has a chance of thrombosis
- The patient uses a implanted hearing aid.

## 2.2.PROCEDURE FOR AFT.

The sensors that are hidden in the resin tips are very very sensitive. They

are passive sensors. This means that the temperature variations generate a small current that is measured by the device. Through the sensors no active current flows that might harm or influence the patient in any way.

Because the current coming from the sensors is so minute, it is important to test the connections between the jack-plugs of the sensor cable and the device prior to starting the scan. This is done by starting the scan and checking if all 6 sensor-signals are shown on the screen. When a sensor-read out is missing, it usually is enough to pull out the jack-plug rub it off and put it back in.

- Pay strict attention to the surrounding conditions of the device and the patient. It is important that the patient is not exposed to:
  - Draught, temperatures below 20<sup>0</sup> C or above 27<sup>0</sup>C;
  - Direct sunlight at the temperature sensors;
  - Strong electromagnetic radiation from not well shielded, old monitors or electro-motors of practice-chairs since they might influence the patient. They do not influence the circuitry or the sensors or the read-outs.
  
- Ⓛ The conditions mentioned above have adverse effects on the results of the measurements.
- For the AF-scan: Put the plug of the beamer in the 8 mm socket of the itronic-device.
- The red beamer is fixed with the Raifix Velcro-band beneath one of the feet.
- Connect the temperature sensors. The sockets in the device are gold-plated to ensure the best possible contact. Check if all 6 sensors are well connected with the device. The temperature-sensors are fixed at the following 6 locations.

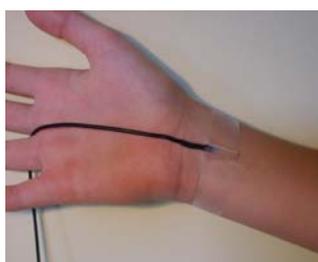


Figure 1



Figure 2



Figure 3

- 1 and 2: - at a visible vein at the inside of the wrist of the left and right arm;
- 3 and 4: - at a visible vein at the bridge of the right and left foot;
- 5 and 6: - underneath the big toes of the left and right foot.
- The device is connected and ready to be put into operation.
  - ? Rub off the sensors with 70% ethyl alcohol if the need arises, for example after having treated a person with an infectious skin disease.
- Choose the right patient or fill in his data.

- Go to the AFT-screen via the button at the top row.
- 🔔 The standard length of the frequency measurement is 10 minutes and 42 secs. An exception can be made for persons with a good circulation and an energy-loss < 30% and for little children that cannot sit still for a long time, than the short procedure may be chosen. This short period is less accurate, especially with older persons or persons with venous/arterial ailments.
- Choose “short sweep” when:
  - The patient has no major circulation-problems or stress problems;
  - The feet are well above 21 O C;
  - The energy-loss is not more than 30 %;
  - Little children.
- 🔔 Intensity of the signal: the default level is taken for the frequency-measurement.
  - ? Signal indicator-sound can be activated and deactivated by pushing the virtual button.
- Immediately after the transmission of the frequency-sweep you have to save the results.
- Give the measurement a specific name. (The results are found via the screen ‘consultations EDA-measurements’, in the bottom-left square.)
- Click open, then click analysis.
  - ? You can accept the analysis-result and save the frequency. It is then stored as the personal frequency of the patient.
- You accept the value of the frequency analysis when the highest peak is over 12 units.
  - ? When it has a value between 10 – 12 you only accept it when the graph does not show many spikes that are almost equal to the highest.

➤? When the analysis does not fulfill these requirements, you just give another sweep. This second sweep that follows immediately after the first one must be analyzed together with the first sweep. For this you choose the option ‘multiple analysis’.

- 🔔 We have found that this frequency is an effective frequency for treatment and in many cases remains so over a long or even a very long period.

In some cases however, it occurs that the initial frequency becomes ineffective after a short while. The patient will tell you so or the EDA-evaluation will show that there is not much change.

About the ‘Why’ question we can only speculate (for example heavy detoxification is likely to change the antennae-properties of the body). Whatever the answer is, the practical solution remains simple: measure the frequency again and use this new frequency as long as there is sufficient progress.

- 🔔 A window appears to choose treatment-length and signal-intensity.
- Choose:
  - Sinus when a very soft treatment is appropriate;
  - Block for a more intensive treatment of 3 min., 10 min. or even 30 min (acute sporttrauma’s, chronic pain, detox, in most cases the block-wave is used).
- 🔔 As soon as the treatment-signal is started, the therapy suggestions according to Mussat are shown. These suggestions are based on the activated EDA-measurement.

**THE TREATMENT** Treatment procedure when AFT is being used in combination with EDA-measurements

After 3 to 5 treatments either the patient should feel progress, or the EDA-measurement shows important changes. The i-health®Systems home-treatment-device could then be an option for further treatment.

We have very good results when the patient drinks 1 liter of water/day that has been treated with his/her AF-signal during 10 minutes.

### **Procedure:**

#### **First session:**

- With the button ‘select sweep or treatment’ (See chapter 4, screen 11) you can choose a long or a short sweep, the treatment function or the treatment function in combination with continuous temperature measurements. This option is more for research. The screen AF-treatment shows therapy suggestions that are based on the activated EDA-measurement and according to the French Dr. Mussat.
- 🔔 This screen can only be activated when you possess the ihealth-therapy module.
- Make an inventory of complaints/anamnesis (concentrate on maximal 6 complaints the patient wants to get rid of) and fill these in in the screen patient data / complaints.
- Perform the EDA-measurement
- Perform the AFT-frequency-measurement:
  - If Frequency analysis shows peak higher than 10 to 11 units, use this frequency for treatment.
  
  - If peak is lower do a new frequency measurement.
- Apply AF-frequency 30 - 40 seconds at each foot (soles, from above and beneath the toes, side of the feet under the ankle. This has also a provocative effect.
- Perform the second EDA measurement
  
- Apply AFT at Mussat three-point scheme and painful spots. 30 to 60 secs per acupuncture point and 3 minutes per painful spot (if patient becomes slightly dizzy, treat at Pericardium-points 6, left and right).
- Perform the third EDA-measurement: In case of blockades: search for the location of the blockades by applying the signal at logical points such as meridian related organs, jaws, spine, traumatized spots (operation-marks).
  - ? If any blockade remains, a disk may be dislocated, a.o. like foci are present.

#### **Second session:**

- With the button ‘select sweep or treatment’ you can choose a long or a short sweep, the treatment function or the treatment function in combination with continuous temperature measurements. This option is more for research. The screen AF-treatment shows therapy

suggestions that are based on the activated EDA-measurement and according to the French Dr. Mussat.

- 🔔 This screen can only be activated when you possess the ihealth-therapy module.
- Perform the second session within 3 to 5 days.
- Run through the 6 major complaints (the number of 6 is just practical) and compare them to the original situation to see if any of them already showed changes. (since complaints often melt away, people tend to forget them very rapidly). This often motivates the patient, because he/she realizes that changes are already occurring.
- Decide whether it is necessary to complement the treatment with natural remedies for drainage, detoxification, nosodes, constitutional support, vitamins, etc.
- Run an EDA test-sequence to find additional medication.
- Give an AF-treatment, starting with the soles of the feet, then according to Mussat (or even along a meridian) and direct stimulations of organs (3 minutes per organ) or the causal-points that you found the first time.

### **Third and following sessions:**

- With the button 'select sweep or treatment' you can choose a long or a short sweep, the treatment function or the treatment function in combination with continuous temperature measurements. This option is more for research. The screen AF-treatment shows therapy suggestions that are based on the activated EDA-measurement and according to the French Dr. Mussat.
- 🔔 This screen can only be activated when you possess the ihealth-therapy module.
- Perform EDA test

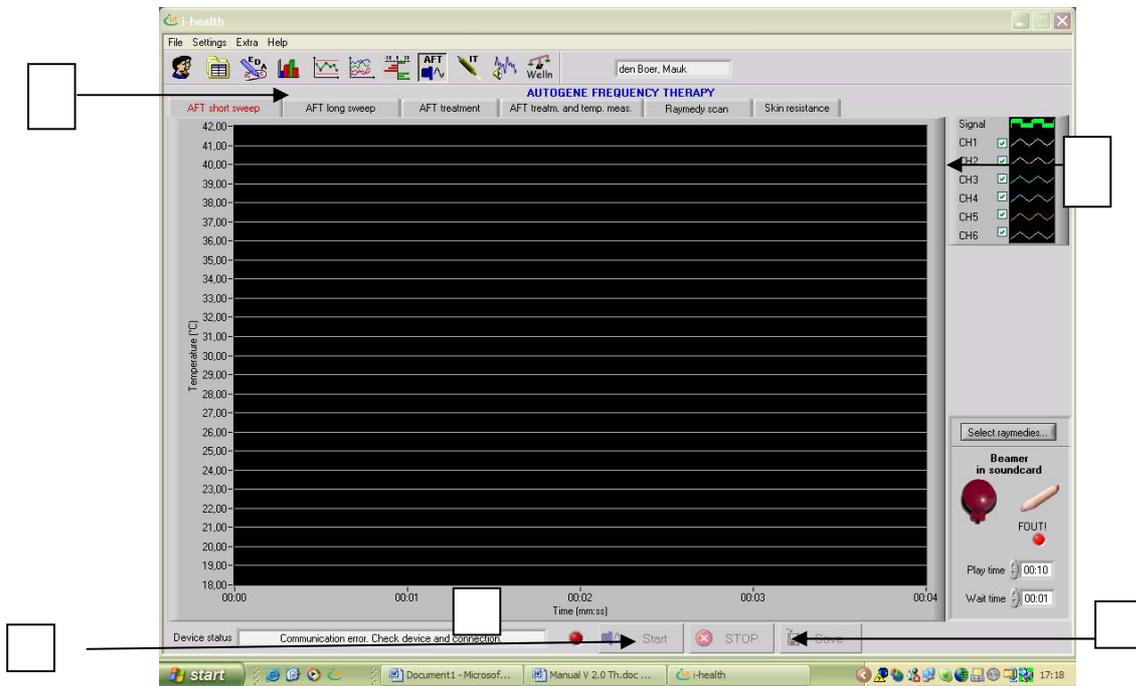
Give an AF-treatment, starting with the soles of the feet and underneath and above the toes, then according to Mussat (or even along a meridian) and/or direct stimulations of organs (3 minutes per organ) or the causal-points that you found the first time.

- 🔔 Painful spots can be treated very effectively.

- ① Press this button to move on to the screen for the AFT therapy.
- ② By unlocking the scroll bar you will be able to choose one of the r@ymedies.

In the tutorial you will find a further description.

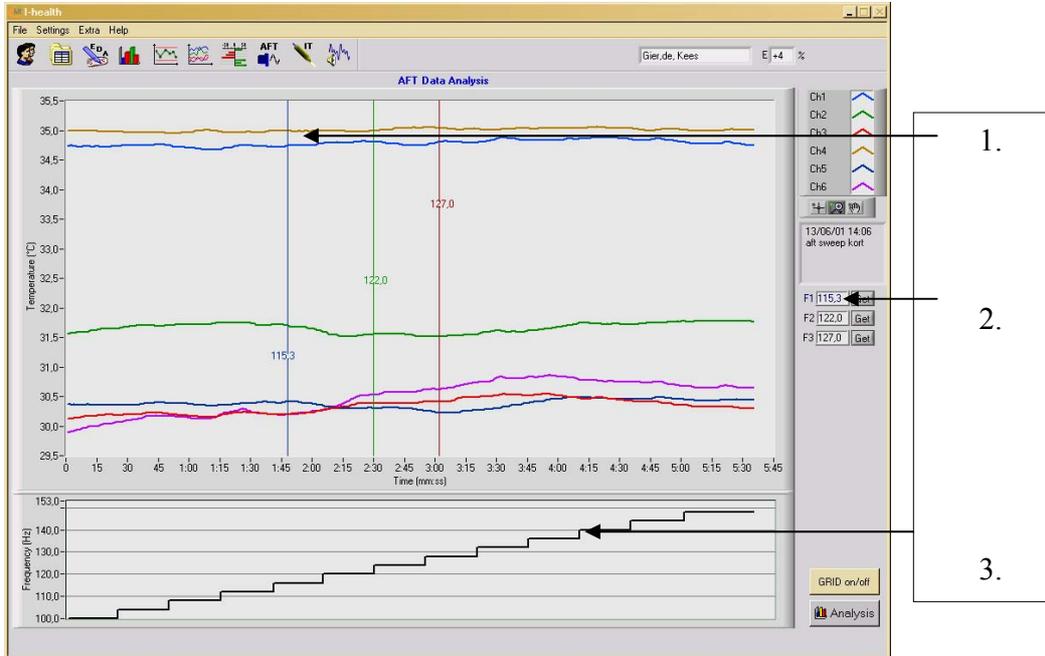
**Screen for AFT measurement**



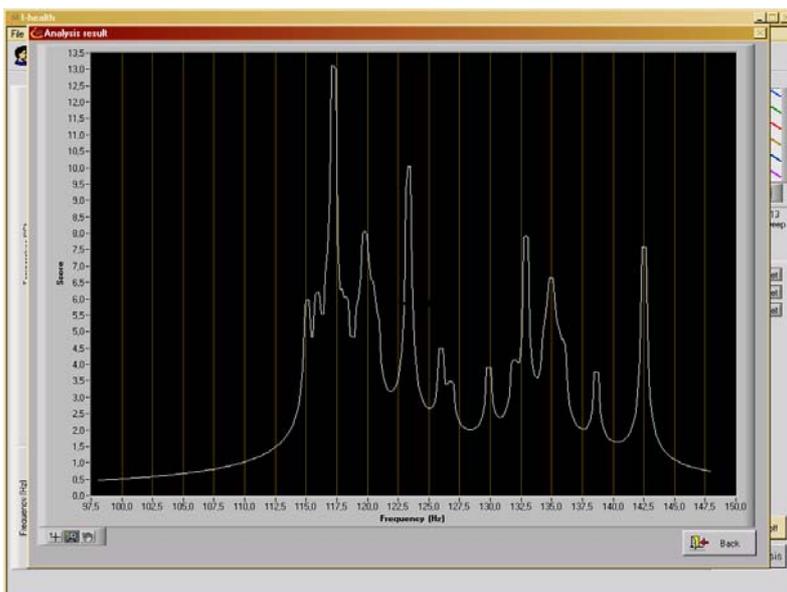
- ① With these arrows you can choose between the long and the short sweep.
- ② Unmarking the channels will make one set invisible.
- ③ Press this button to start the sweep.
- ④ Press this button to save the data when the sweep is finished.

**Analysis of the frequency-measurement**

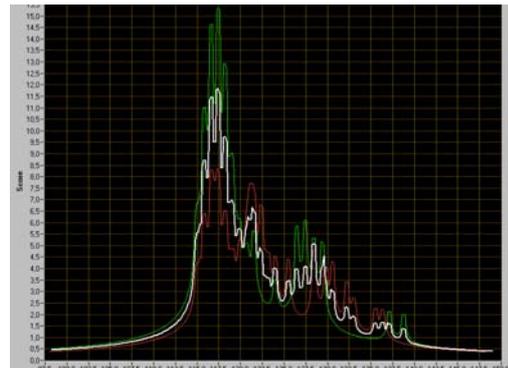
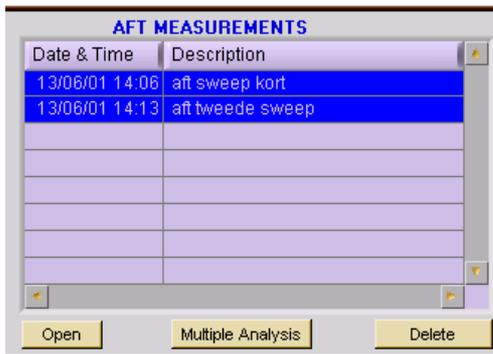
Open the AFT data analysis by selecting and opening the aft-measurement in the screen where you find the consultation-data.



1. the blue line corresponds with the highest peak in the analysis curve
2. Press F1 when accepting the analysis-result.
3. choose F 2 or F3 when F1 (or F2) coincides with an artefact.



The vertical scale shows units of change. The peak response must be above approx. 11 units. Otherwise the measurement must be repeated. If the second measurement also shows a response below 10-11 units of change, use the result of ‘multiple analysis’ .



By simultaneously pressing ‘ctrl’ and clicking your left mouse button several measurement can be selected and subjected to a multiple analysis. In this way even for patients with a very minute response to the aft-sweep, the frequency can be established. This result of the multiple analysis ( the frequency where the white line peaks) must be filled in on the screen ‘patient data’ and will then be stored.



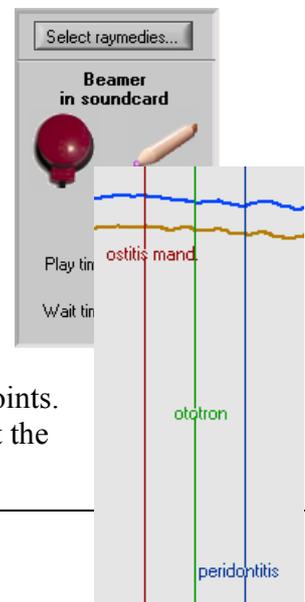
### 2.3. Raymedyscan

**!!With complex cases begin with the Quick-Scan!!**

**!! The lightpen and the beamer are placed !!**

In addition to the steps of the AF-scan:

1. Place the lightpen ( as well as the beamer) and take care that it beams into the navel. Support the lightpen with a folded towel or small cushion and fix it with tape.
2. Select the raymedies that you wish to scan by double-clicking at the name of a group or at single raymedies.
3. Do not select more than fits the patience of your patient and maximal 45 raymedies !!
4. Put the jack-plug of the beamer in the headphone-contact ( not in the i-healthSystem device).
5. Do an EDA-measurement after the Raymedyscan.
6. Apply the signal that generated the best response to the Mussat-points. The signal with the best response is at the blue line. The second at the



- green line, the third at the brown-line. The second and third raymedies can be used too.
7. *See the i-health treatment-protocols for more extensive descriptions !*

### 3. i-health protocols

#### **3.1. Protocol # 1 Find the Element and Regulation Blocks**

A 15 minutes- protocol

‘find the patients’ element and regulation problems as rapidly as possible’

1. Go to screen one:

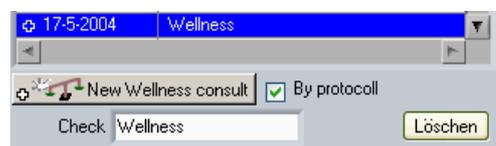


2. Fill in the name of the patient.

3. Go to screen 2:



4. Choose ‘ new wellness consult’ according to the protocol.



5. Do 3 complete measurements at all 24-points. Start by pressing the red button.

6. Stop the protocol after 3x rounds by pressing the red-cross and confirm the question that you want to stop indeed.



7. Go to the screen ‘info’ when you are still in the wellness-environment or click at the



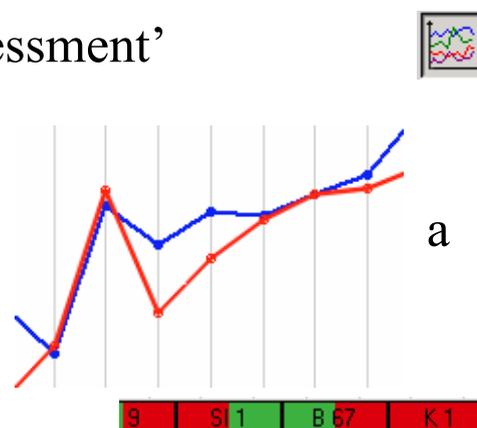
wellness-button ( balance) to go back to the wellness-environment. Then click at ‘info’ and you see the patients type, whether the patients

energy-condition is normal ,blocked, hyper or hypo, the characteristics matching the energy-condition, suggestions for lifestyle, affirmations, etc.



7b. Look at the graph ‘therapy-assessment’

Where you see the personal energy profile with the weak-meridians and the meridians with tendency or probability to block.



8. Interview the patient in depth about the weakest meridians or the really blocked ones in order to establish a firm

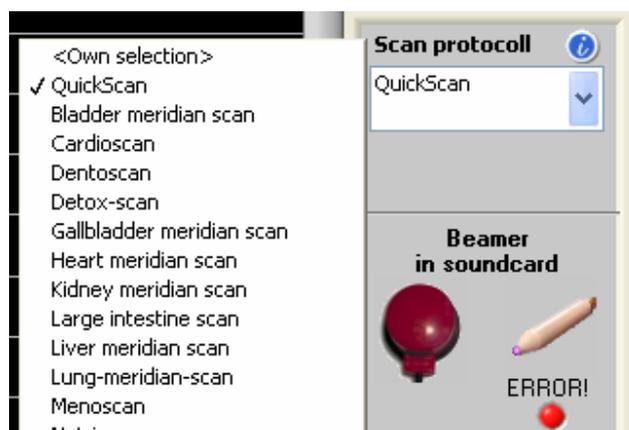
relationship between the complaints and the energy-distribution. Show the meridians and their pathology to

refresh the patients memory. Do not forget to ask about scars.

9. You now have very much information available about the regulation-problems and about the patients type according to the five elements.

### 3.2 Quick-Scan

1. Go to the thermography scan and choose the Quick scan option from the list ( bottom/right)



Raymedie	Issue
• Cicatron	SCARS
• dentosanatron	TEETH
• autosanatron	BBRS (PISCHINGER'S BASIC BIO-Regulation System)
• bacteriesanatron	BACTERIA
• geosanatron	GEOPATHIC STRAIN
• hormosanatron	HORMONES
• miasmasanatron	MIASMATA
• mycosanatron	MOULD INFECTIOND
• neurosanatron	LIMBIC SYSTEM (STRESS COPING)
• Parasanatron	PARASITIC STRAIN
• psychosanatron	PSYCHE, EMOTIONAL PROCESSING
• toxisanatron	TOXIC STRAIN
• virusanatron	VIRAL STRAIN
• vitasanatron	CHRONIC DEPLETION OF VITAMINS, MINERALS and or AMINO ACIDS
• chacratron 1-7	CHAKRA'S
• nutrisanatron	FOOD INTOLERANCE
• posttraumatron	UNPROCESSED PHYSICAL TRAUMA
• emotraumatron	UNPROCESSED EMOTIONAL TRAUMA

**Chacra-tron** 1-7 Chakra's: data processing Vertebra scan, chakra aligning protocol, Emoscan, i-Touch, Meridianscan, MB, core belief  
Physical chakra awareness, craniosacral

**Emotrauma-tron** Psychologi-cal processing MB, i-Touch, core belief, Alarmpoint raymedies, Stimutrons, Enochacra-trons  
Chacra alignment protocol, trauma release on st 2 left, grief, st 2re (fear), Le14 li (Anger), Yin Tang (general release)

**Posttrauma-tron** Physical processing  
Emoscan, i-touch, core belief, Alarmpoint raymedies, Stimutrons, Emotrons

**Autosano-tron** RES (BBRS)

Vertebrascan for connective tissue alignment, Diatron scan, AFT, Sanoscan, Zapsan  
Dental check-up, cleansing (colon hydro), Detoxifiers

**Bacterie-sanotron**

Colloidal silver, Antibiotics, zapsan

**Cica-tron** Emotional and physical scars,  
posttraumatic hypoglycemia

Cicatron, meridian related Raymedies, Emotrons  
Castor oil, Lanoline energized with Cicatron signal

**Dentosano-tron** Dental foci

Zapsan, Sanoscan, Dental scan, Dental nosode test  
dental check-up

**Geo-sanotron** Geopathic strain

Stabilize chaotic meridians with LP with relevant stimutrons and Stabilotron on St 41 (serotonine) Inventarisation of domestic and professional environment (avoid your cat's favourite spots!)

**Hormo-sanotron** Hormones

Menoscan, meridianscan Fire, Cardioscan, Emoscan, MB  
omega-fatty acids, Dong Quai, Yam root, black cohosh,  
Chasteberry Shepherds purse Soy products (Phytoestrogen), Ginseng

**Miasma-sanotron**

Miasms (Sycosis (fig wart diseases, (Gonorrhoe), psora (itching issues), Syphillis, TBC) Diatron scan, detoxitron, toxisanotron, Zapsan, meridian related Diatron

**Mycosano-tron** Fungi

Zapsan, Nutriscan, Diatron scan, Alkaline nutrition advisory (low carb, meat intake, alkaline regime (get rid of your protons), urine pH check ( 7,5 is ideal), Cell salts, Minerals, Calcium, Mg, baking soda

**Neurosano-tron**

Limbic system (stress coping)

Vertebra scan, MB, i-Touch, Alarmpoint treatment, Core belief etc.

B-plex, B12, B6, calcium magnesium, zinc, etc, craniosacral

**Nutrisano-tron** Food intolerance

Nutriscan, Emoscan, Digestron Testing daily food

**Parasano-tron** Parasitic strain

Zapsan colloidal silver, cat's claw, Noni, dysbiosis treatment, antiparasite cure, Xango

**Psychosano-tron** Emotional processing

Vertebra scan, Emoscan, Nutriscan, MB, core belief

B-plex, B12, B6, Calcium Magnesium, etc

**Toxisano-tron** Toxic strain

Zapsan, Detox scan, Nutriscan, Dentoscan

Dysbiosis regime, Screening work situation

**Virus-anotron** Viral strain

Zapsan, Lung meridian scan

Colloidal silver, Noni, Cat's claw, Echinacea, Xango

**Vita-sanotron**

Chronic lack of vitamins, minerals and/or amino acids

**Nutri-scan** Food regulation, based upon testing of B vitamins and minerals

### 3.3. Protocol . Balancing / pre-treatment

30 Minute- Protocol :

**‘balancing the patients energy and getting insight in the major energy related issues’**

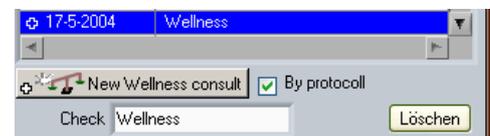
1. Go to screen 1:



2. Fill in the patients’ data and go to screen 2

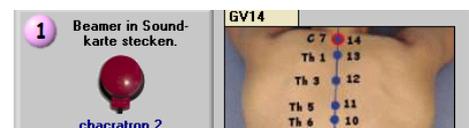


3. choose in screen 2 ‘ new Wellness consult’ by protocol



4. Do 3 full 24-point measurements. Begin by pressing the red button.

5. Energy-balancing in 3 steps with Beamer and lightpen, while following the suggestions of the program. After each treatment, measure the reaction.



6. Go to the screen ‘info’ while you are still in the wellness-environment or click at the



wellness-button ( balance-symbol and then click at ‘info’). You see the patients type, energy-character, dietary suggestions, affirmations, etc.



Important for the therapeutic level !

The meridians that are weak and/or blocked after this energy-balancing procedure are the ones that need treatment. Those are the most relevant meridians that are linked to the health-problems.

## Protocol # 4 Blueprint for Medication

### 3.4. Protocol : 'Medication test'

1. Go to screen 1:



2. Fill in the name of the patient.

And go to screen 2:



click at the line <check up> and replace the word <check-up> with an indication of the complaint in the white line below the header consultations .

CONSULTEN	
Datum	Klacht
5-6-2001	basis/meer energie
	<Controle>

Nieuw Wellness cons.  Volgens protocol

Klacht <Controle>

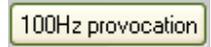
CONSULTATIONS

3. Do a 24-points round measurement.

4. Save these data and name it, for example first measurement or #1.

5. Check if the jack-plug of the beamer is connected with the i-health®systems-device and push

the button ‘provocation’. Keep the beamer during 20 secs at the top of the head while the signal is emitted.



6. Do a 24-point measurement.
7. Save the measurement and give it the name ‘ after provocation’
8. Consult the measurements and compare these in the screen ‘therapy assessment’
9. Think about the choice of substances that you need to test. Take those that are acting on the weakest meridian ( or blocked one or asymmetrical) or the functions linked to it. There the body has its major problems and is in need of help. The mental and emotional problems are located there as well.
10. Test the first medication and fill in its name; immediately after that test the next one and next.
11. Choose that medicine that achieves most for the problem-meridian and that harmonizes the energy distribution too. Look at the screen ‘test-results’ and then to => meta-analysis.



The best ones are marked green, those contribute energy and they harmonize.

Meridians		Dental deviations		Meta analysis	
Substance	Order	Score	% Discrepancy		
basis	1	221,5	+ 0		
DOSS+Artesan	2	246,8	+ 23		
artesan	3	290,9	+ 10		
DOSS	4	296,4	+ 2		
GLA/EPA	5	307,2	- 22		
prov 100 herz	6	326,5	- 24		
50.Ortho Mangan	7	331,6	+ 8		
Vit C time release	8	342,0	- 9		
9.Ortho Arthritis Praevention	9	368,4	+ 11		

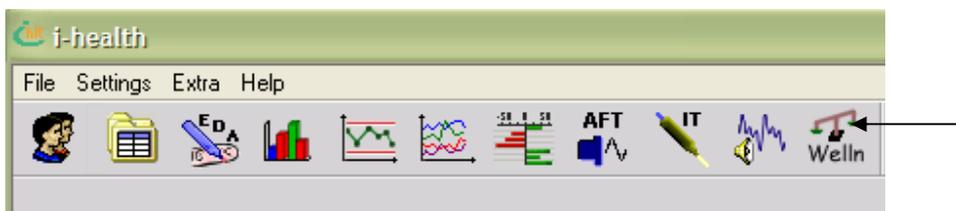
### 3.5. Protocol for chronic problems: The Sanotron-Raymedy-scan

This scan has been designed particularly for patients with chronic, persistent, therapy-resistant and/or recurring disorders, in which toxic and/or focal strain from bacterial, viral, parasitic, genetic and/or traumatic/emotional/mental origin may be suspected.

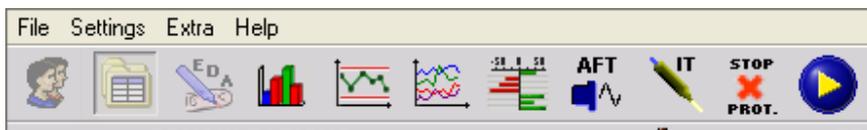
Generally, this will reveal itself by the patients medical history record, combined with poor therapy results.

It is recommended therefore, to start with a raymedy-scan after the third I-health consultation, especially when satisfying therapy progress fails and the usual therapy steps failed.

Protocol:

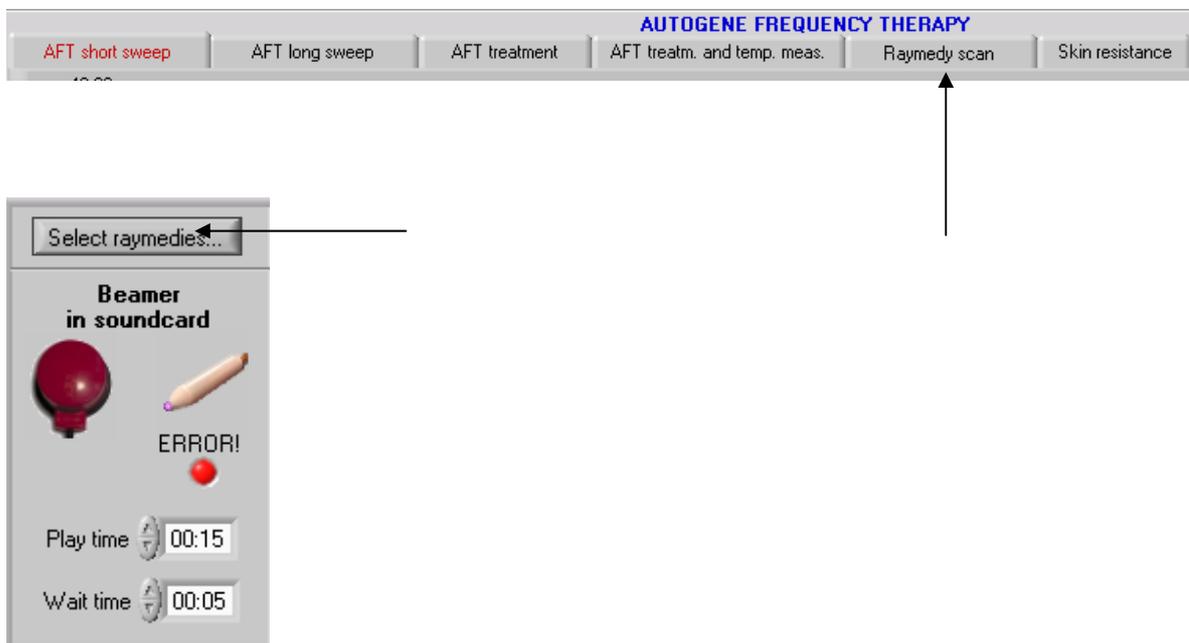


1. At first, choose the wellness-protocol and do 3 measurements.

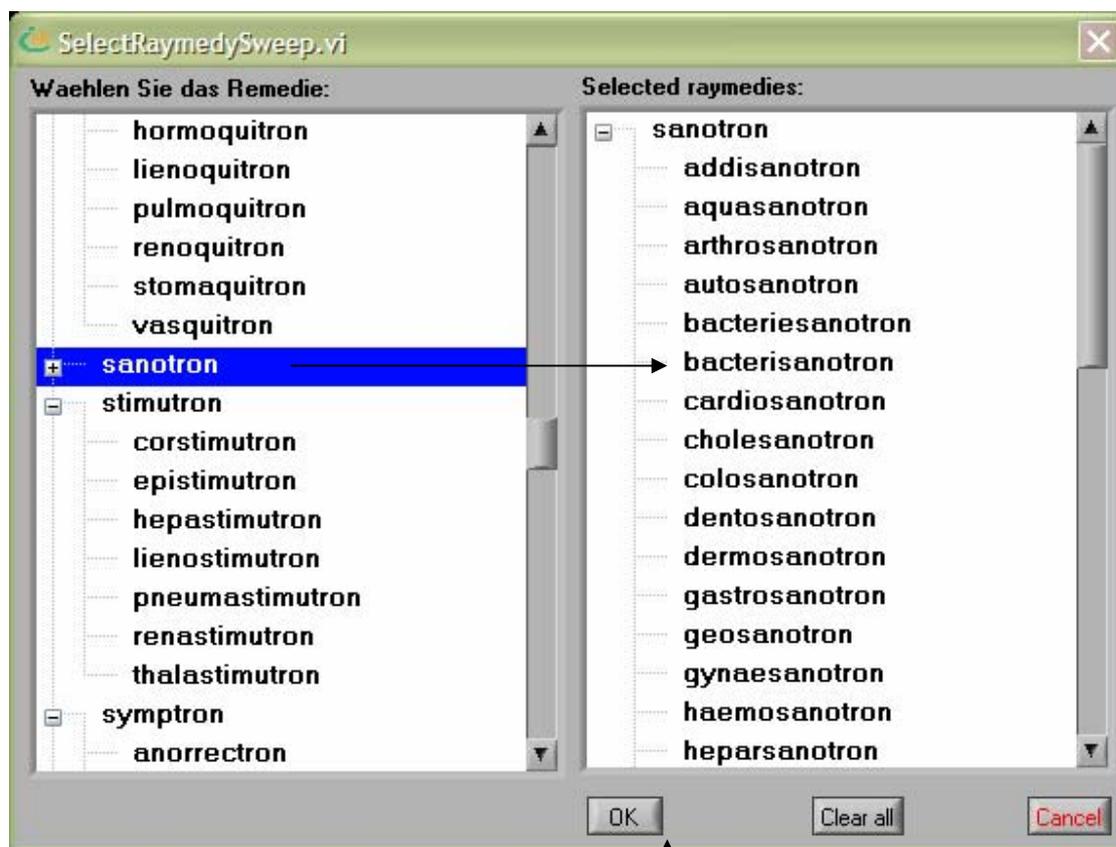


2. Abort the wellness-protocol by double-clicking the red-cross. Now the wellness-informations are accessible as well as the option to run the light-pen and the beamer at the same time. This way you save time.
3. The raymedie-scan is based on the aft-procedure for finding a relevant frequency: Fix the red transmitter ( named Rayflex) with the velcro Rayfix-strap below one foot and plug the jack-plug into the headphone socket of the computer.
4. Fix the light pen flat on the belly and with its tip pointing into the navel.

5. Fix the 6 AFT temperature sensors at their usual locations, preferably on visible veins.
  
6. Cover both feet with a towel, to prevent air draught causing faulty test results. Wait a few minutes until the temperature under the towel or plaid stabilized ( approx. 4 minutes in winter). In summer let the patient loose his excess-heat before the procedure begins. Exclude direct sunlight that shines at the sensors.



7. Press the AFT icon in the top row of the program, then go to the tab “Raymedy scan”, then “select Raymedies” ( near the bottom at the right). Just type the name of a raymedy group in the left column

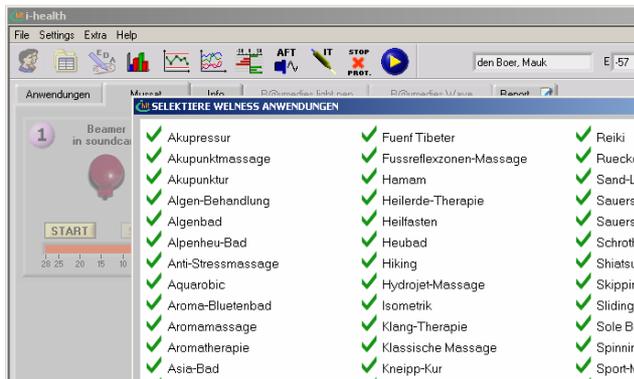


8. Choose a group of raymedies to be scanned for example the sanotron-group or the emotron-group. A selection of individual raymedies from different groups can be made as well. Do not choose more than 35 raymedies to be scanned in one go. During the scan, the colour sequences as well as the magnetic field patterns of each raymedy will be applied for 15 seconds to the body with an interval of 5 seconds.
9. After the raymedies have been chosen press “OK”, (the selected group will appear at the right side) then press “Start”.
10. After the scan, you will be asked to store the data and open the curve analysis screen. The computer will show which 3 raymedies created the strongest physical reaction.
11. Only the highest curved peaks, with more than 10 reaction-units at the y-scale, have a diagnostic indication; peaks with less reaction-units do
12. not have diagnostic value per se but may be applied as supportive therapy.
13. Remove all temperature sensors, beamer and lightpen from the body.
14. Perform a new EDA measurement.

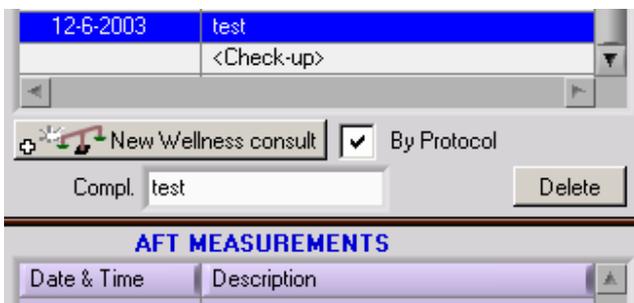
15. Apply the lightpen and the beamer with the first raymedy on the AFT (Mussat) points, combined with a relevant chacrapoint or alarmpoint.
16. Check the result with a new EDA measurement. If a strong detoxification effect creates a massive energy drop, add a relevant and appropriate Stimutron raymedy in order to assist quick drainage.
17. Measure again, and finish treatment if necessary with raymedy #2 or probably even # 3 when the raymedie has a link to a complaint or cause.

### 3.6 Protocol the I-health wellness protocol

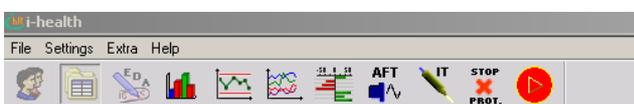
The I-health wellness protocol is based on 3 consecutive measurements that are done within 5 minutes. When more time elapses between first and last, the wellness suggestions are not generated. From our research we know that the average of 3 measurements that have been done shortly after each other is very reliable. These measurements are done without provocation, and it shows the spontaneous regulation of all the functions. Out of this and the age, the program establishes someone's condition and type and a range of informations.



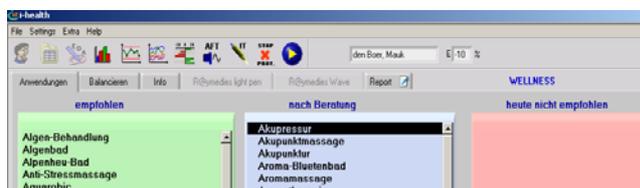
Click 'settings' => wellness applications and the wellness applications that are being offered at the hotel or day spa can be selected.



In the screen practice consultation one chooses the wellness-consult or the wellness-consult by protocol. The wellness-by-protocol includes the meridian-balancing with light-pen and beamer for which the suggestions are automatically generated.



After clicking 'New Wellness consult by Protocol, instead of the wellness-balance (wellness =

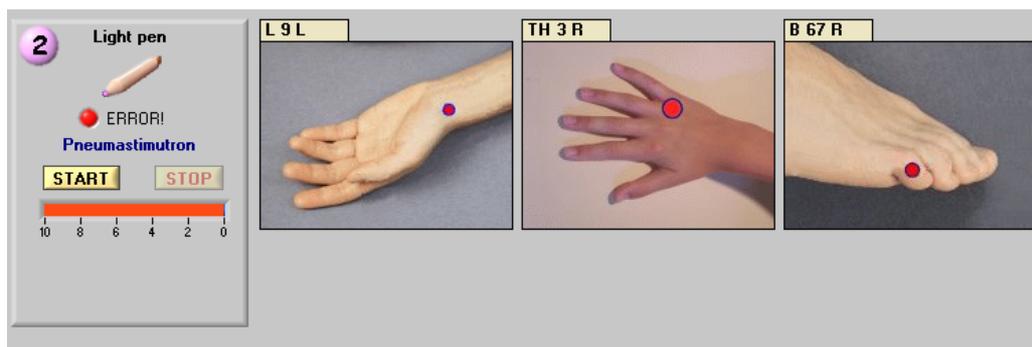


fitness in balance), a red button appears. When one presses the red button the next step in the procedure will be generated automatically.

After 3 measurements the wellness-applications are listed in 3 categories. In green all those activities are listed that will do good given the actual energy-status and ones type. (according to the 5 elements). Within these activities the wellness-coach can even determine priorities and choose from those activities that are likely to balance in the best way possible. In blue all those activities are listed that will do good as well but advice and directions are given by the program to make these activities more to the point and more effective. Activities that do not match up with the present condition are listed in red. May be these activities will be suitable at another day after the energy-situation has changed.

### Balancing.

The suggestions for balancing appear only when one chooses the option ‘by Protocol’ The program does suggestions for the remedies and the particular locations where they need to be applied with lightpen and beamer. This treatment aims at energizing one in his/her element. After the treatment, (the red button appears again) a new measurement is necessary. (if someone’s energy within his element is balanced the first treatment is not necessary and a 4<sup>th</sup> measurement is required). The second stage uses the treatment scheme according to Mussat and is limited to an application with the lightpen. This application is directed at the weakest meridian. After the treatment of the weakest meridian, the last measurement is done and the third application is suggested for lightpen and beamer.



When treating patients it is recommended to begin with the wellness-protocol and to continue with the treatment of the meridian(s) that is resisting the treatment or that remains very much out of balance.

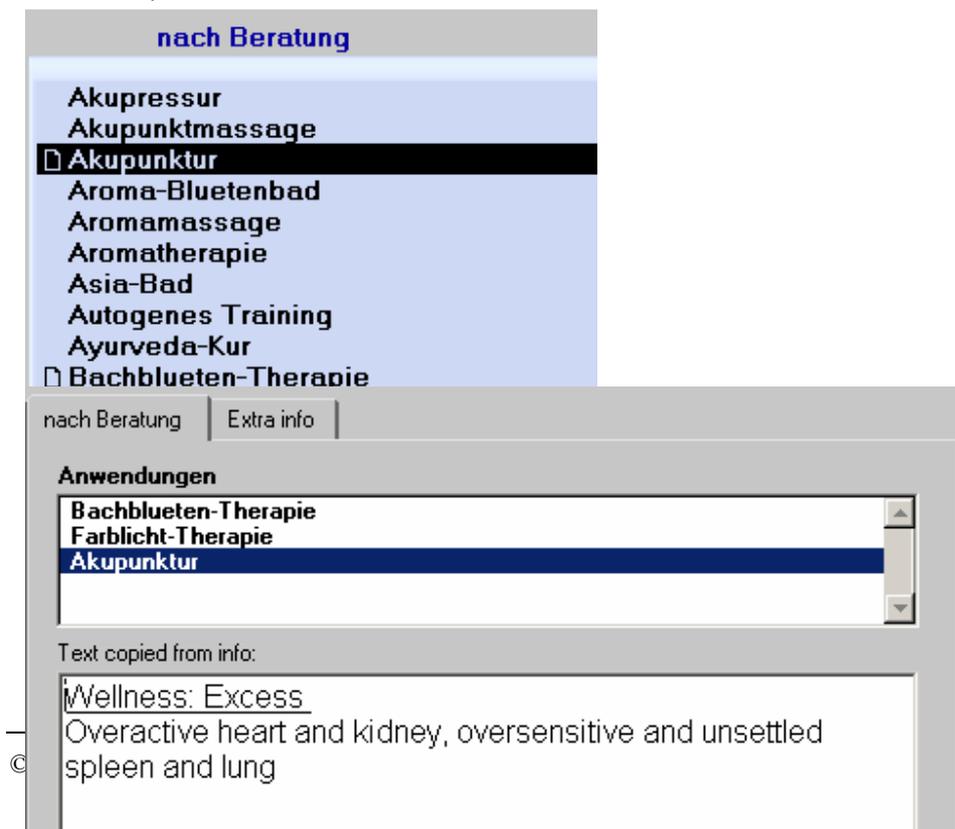
**Wellness report.**

The wellness report contains the most important graphs, where the averages of the first three measurements are shown and you can choose the measurement of last week to compare with a recent one.

In the wellness-report the recommended wellness-applications are always printed. The wellness-coach ought to select the most appropriate applications on the print-out, choosing the most effective ones or the ones the guest likes most or knows best depending on his/her preferences and needs.



From the blue list the wellness-coach selects the most appropriate ones. These are then marked ( double click). Only the marked ones appear in the print-out. Select per chosen application the relevant text from the info and copy this to the report. The wellness-department knows then what to do, what needs to be achieved and can interact with the wellness-caoch.





Example of info-screen

## Procedure Wellness Check-up

1. intake
  1. Interview the guest before the first measurement
  2. fill in personal data, incl date of birth ( dd/mm/yyyy)
  3. inquire the health history for risk factors
    1. trauma that might still play a role
    2. operations and their scars
    3. with early stage of pregnancy, pacemaker, risks for thrombosis then measurement yes, balancing no.
  4. inquire for acute stresses a.o.:
    - a. just after intensive fitness;
    - b. full bladder;
    - c. shortly after dinner;
    - d. had a few drinks the night before;
    - e. no usage of oils, crème on hand and feet( the guest just left the beauty-dep.)
    - f. strong emotional stress ( from the journey).



Labelling information:

At the back of the device the serial # and the CE certification # are printed.



At the bottom of the device the address of the manufacturer i-health bv is printed.



i-health bv  
 Rosendaal 4  
 NL-6891 DA Rozendaal  
 the Netherlands  
 ++31 26 3629930  
 info@i-health.com

Item:	Label:
Device	IH6S1S-04 SNIH4- xxxx
Temperature sensor	IHTS2
Skin resistance measurement pen	IHPR1
Beamer	IHBM1
Converter	i-Link
Optical cable	IHOC1
Lightpen	IHLP1

Revision history

<b>Docu ment version 2</b>	<b>Date</b>	<b>Description of changes</b>
Revision 0.0	27/01/20 04	Initial version
Revision 0.1	15/09/20 05	Additions of contra-indications ICD a.o./ need for training
Revision 0.2	20/09/20 05	Rearrangement of content: limited to therapy-module only, removal of claims of effects of treatments. Addition of quick-scan protocol